

lawyer
helps neighbors
turn to
it along
page 13



The champs:
Little League has
a great season

Page 6

Planting
the seeds
of mental
health

• Page 3



TIMES JOURNAL

Serving Albany - El Cerrito - Kensington - Thousand Oaks

ALBANY-EL CERRITO, CALIFORNIA WEDNESDAY, AUGUST 25, 1982

★ NO. 66

ME 3 ★



—Times Journal photo by Chris Gilbert

Gone fishin'
Floyd has been fishing behind Gold-

Gone fishin'

Floyd has been fishing behind Gold-

sports fundraiser planned

L-N-G-O spells
ney for school
athletics

By STEPHEN BUEL
ALBANY — The newly-formed Albany High Boosters Club is gambling that it can raise money with a weekly bingo game to offset the \$14,200 in athletic fees which were imposed by the Board of Education last year.

At end, last week the

group agreed to purchase \$5,000 of

furniture for use by the booster club in its bingo operation. The money is scheduled to be paid back to the board at a later date.

The \$60 student fees for the fall athletic season, which began Monday, are being held in abeyance by the board, until they can be offset by bingo revenues. Should bingo not pan out, board members said the fees would have to be reimposed later.

According to Robert Hoyle, a teacher and football coach at Albany High, and charter member of the booster club, the opening of bingo season is only being held up now by the repair work which is underway on the floor at Middle School.

(Continued on Page 2)

"It's slow and behind schedule," Hoyle said. "Right now we think opening day will be Oct. 16. Any later will be very disappointing." He said it would take some time to teach the members of the booster club how to run a bingo game.

But Hoyle was optimistic of the venture's success once the season gets going. He said bingo will be a regular feature at middle school, "every Saturday night for the rest of our lives."

Booster club members said the group's first priority after paying its own start-up costs will be to pay for the coming year's athletic fees. But

(Continued on Page 2)

Solano closure OK'd over chief's advice

By Stephen Buel

ALBANY - In a rebuff to Chief of Police James Simmons, the city council has overturned his denial of a street closure permit for the Solano Stroll, and ordered the chief to send out the police reserves to maintain order at the September street fair.

Claiming the power to override the chief under a section of the Albany Municipal Code, the council instructed Simmons to provide it by next Monday with a security proposal and estimate of costs not to exceed \$1,000.

Simmons said last Friday that a minimum of 15 police officers would be necessary to maintain adequate security at the Stroll. Speakers at the meeting acknowledged that \$1,000 would only pay for about ten off-duty officers. Simmons also said that one

estimate of the number of police officers needed ran as high as 49.

With the council's order, Solano Avenue will be closed on the afternoon of September 19 from the Berkeley border at Tular to San Pablo Avenue.

According to Carol Walker, secretary for the Solano Avenue Association, which is sponsoring the Stroll, parking for the 10,000 visitors who are expected will be provided by arrangement with Golden Gate Fields.

The council's decision was greeted by rare applause from a usually dormant audience which contained several people who had come specially to lobby for the closure.

Romine Davis, the branch manager of the Albany library, said the library plans to hold an open house for the Stroll, with refreshments provided by

the Friends of the Albany Library. She also said the newly-formed Albany Arts Committee will track the event to hold its first public art exhibit, in front of the library.

Simmons was not present at the meeting to explain his denial of the permit, so the council relied upon Walker's reiteration of what the chief told her about his department's inadequacy to handle such a large event.

"We should think about the kind of people who come to the Stroll," said Stuart Froman, a member of the Albany Arts Committee. "I don't think that the show of force that the police department seems to think is necessary is necessary."

Simmons has stated that he cannot order his full time employees to work overtime to police the Stroll. The

(Continued on Page 2)

Open forum

When citizens work together Pitching in to clean Albany

By MARTY ROSMAN

W e citizens of Albany are fortunate to live in a community that is comparatively safe, clean and attractive. With the reductions in city funding due to Prop. 13 tax cuts, revenue-sharing cutbacks and depletion of state bail-out funds, however, those city services that we have always depended on for the good appearance of Albany have had to be reduced.

While the street, parks and school maintenance staff are working hard to keep the public areas of the city clean and well-groomed, there are fewer hours available now for that work, and some areas are going relatively untended.

Some of my neighbors and I got together not long ago

and decided that we wanted to do something about the problem. Pooling our tools and efforts, we cleared out the ugly weeds at the curb line and gutter for a whole block along the west side of the park strip on Key Route Boulevard north of Solano Avenue. We also intend to "adopt" that particular location for that purpose, continuing to keep it clear of weed growth.

In addition to helping beautify our neighborhood, we found that working together in this new way was fun, and we enjoyed the feeling of common activity. I'm writing this to encourage other Albany people to share this new community feeling and the joy of working together, by also "adopting" a nearby public area that needs their help.

(Continued on Page 2)

Where the elite meet: a guide for joggers

real runners
and for the hills

KEITH EASTHOUSE
and of running the same old
route each day? You shouldn't.
There are plenty of differ-
ent ways you can huff-and-puff on in
Albany, Kensington and El Cer-
rito.

El Cerrito resident Mary

A member of the UC-Berkeley cross-country and track teams, 18-year-old college sophomore

was the first woman to the finish

in the El Cerrito Hillside Run for

seven years. The fact that she

runs 80 miles a week may have

something to do with her success.

Her favorite local runs in-

clude a three-mile loop beginning and



A jogger at Inspiration Point

runner turns north on Navelier Avenue. Then begins a mile of up-and-down terrain to Blake Street.

Turning towards the bay, the course flattens out between miles two and three-and-a-half as it proceeds south under the BART tracks, back towards Moeser. The last half-mile up Moeser is gradual.

Gaffield calls this course "my bread-and-butter run."

"I know the course blindfolded," said Gaffield, who ran the most recent Hillside Run (held August 7) in 23 minutes, 30 seconds, her best time yet. "I've run it so many times that I know the neighbors along the route real well. This is nice since if anyone is following me I can just stop at a house and go inside for awhile. I've never had to do that, but it's nice to know that I can if I have to."

Another route Gaffield frequently takes is to go west on Central Avenue over Interstate 80 until she reaches Point Isabel Regional Park, located right on the bay at the El Cerrito-Richmond border.

In this 21-acre park, Gaffield takes a one-mile, part-asphalt, part-dirt trail that goes along both sides of a channel. According to Park Supervisor John Perry, the terrain includes rolling hills and meadows. Dogs are permitted, Perry said, but they must be on a leash.

Perry added that the park is frequently foggy and windy.

Other places to jog in town include two, one-mile long Parcourses. One begins just north of the El Cerrito Bart Station, and runs under the BART tracks to McDonald Avenue.

(Continued on Page 2)

Where local joggers go

(Continued from Page 1)
on the Richmond border. There are 18 different stations along the route that call on joggers to perform such exercises as sit-ups, push-ups and jumping jacks.

The second Parcourse begins at the corner of Washington Avenue and Masonic Avenue and continues, also under the BART tracks, for one mile to the Berkeley-Albany border.

Additionally, according to Gaffield, Albany High and especially El Cerrito High have good dirt tracks.

Gaffield's brother Jim, 18, prefers to run in the hills above El Cerrito, Albany and Kensington. The winner of this year's Hillside Run (he ran it in 21 minutes, 47 seconds), Jim runs from five to 15 miles a day. Holder of the second best time ever for the mile at El Cerrito High (four minutes, 16 seconds), Jim is planning on competing in cross-country and track for Occidental College in Pasadena, which he enters as a freshman this fall.

His favorite local run starts at Summit Reservoir, on the Berkeley-Kensington border. From here he enters Tilden Regional Park, running three-and-a-half miles along tree-lined Wildcat Canyon Road until he gets to Inspiration Point, located at the east end of the park. He usually turns around at this point and goes back (he said he averages about seven minutes a mile on these jogs), but sometimes he takes what is perhaps the most spectacular jogging trail in the Bay Area, Nimitz Way.

Beginning at Inspiration Point, Ni-

mitz Way runs north along a grassy ridge top. With open, rolling hills on one side and the bay on the other, it's easy to take your mind off the pain in your chest and the soreness in your legs.

This path is paved for four-and-a-half miles, so it's also open to bicycles. Where the asphalt ends, the steep downhill part begins. If you take it long enough, the trail eventually goes to the north end of Wildcat Canyon Regional Park, 2365 acres of open space located above El Cerrito and Richmond.

At the bottom of Wildcat Canyon below Nimitz Way runs Range Country Road, a fairly wide, dirt trail that extends four miles from the Tilden Nature Area (located east of Kensington) to Alvarado Park (located in the Richmond hills). Jim and Mary Gaffield both do this one occasionally, and they said that running east, away from Alvarado Park, the trail is gradually uphill.

Steve Abbors, supervising naturalist at the nature area, said Range Country Road runs through grassland and dense woodland. Additionally, he said wild artichokes can be found in abundance.

Hardy souls can also take the narrow Mezue Trail, which climbs 500 feet in a mile-and-a-half and connects Range Country Road with Nimitz Way. Also leaving Range Country Road, running four miles at first steeply and then gradually uphill to Inspiration Point, is the Conlon Trail.

There are in fact numerous trails

that run throughout this region. Seven-hundred-acre Tilden Nature Area has almost 20 miles of fire roads, horse trails and hiking paths suitable for jogging, while Wildcat Canyon Regional Park has roughly 27 miles worth.

The biggest hazard on these trails is poison oak. Abbors suggested that joggers come into the Environmental Education Center located at the nature area and learn how to recognize it before they proceed out along the trails.

Crime has not been a big problem up in the park or nature area, although on Memorial Day last year a woman jogging alone was raped on the Range Country Road. Abbors advised women to jog in pairs.

Abbors also said that no dogs are allowed in the nature area.

Nuclear freeze day planned at school

East Bay Educators for Social Responsibility will hold a disarmament education day on "What to Tell the Children" Saturday, Sept. 25 from 1-5 p.m.

The seminar will be at the Peralta Year-Round School, 460 63rd St., Oakland.

Featured will be Patricia Ellsberg, and a panel of educators and students.

Films like "The Last Epidemic," and mixed media presentations will be shown.

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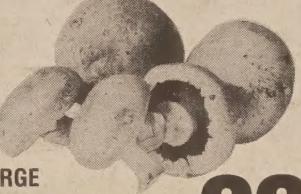
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Illustration of a head of broccoli.

Illustration of a head of zucchini.

Illustration of a head of yellow onions.

Illustration of a head of potatoes.

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Illustration of

Planting your way to mental health

The Rubicon Center
more than plants

By PENELOPE KRAMER
CERRITO — It's common knowledge that getting out in the sunshine and digging in the garden is good for the nerves. Managers of El Cerrito's Rubicon Garden Center say it's especially true for those who are emotionally stressed. They have built a rehabilitation program around "garden therapy," and they say it works.

Program Director Monica Thyberg said working with people is therapeutic because "unlike working with people, there is no conflict. There's not someone who is going to be an answer back."

The potential for conflict that is always there in relationships is not there."

At the Rubicon Garden Center, which started in 1973, emotionally disabled trainees learn work skills by growing and selling their plants and flowers, fertilizer, seeds, and other garden products at a shop at 1711 Eastshore Blvd., near the Cutting

project is only one of many programs run by the center, which was created in 1973 as an alternative to mental institutions. Rubicon programs include day and night classes and apartments for patients ready to become independent.

Thyberg said working at the center's community garden is especially good for people who have gotten lost in emotional problems because "it draws you out of yourself to do something."

Trainee Jeannie Smallwood agreed. Two years ago, when she had been diagnosed as schizophrenic, she had withdrawn from the outside world and had her fifth breakdown.

"I was just staying home," said Smallwood, 41, "watching television, mess around, doing nothing. That caused me to go to the hospital again."

"It's very, very difficult when you're not active, not moving, you're not doing anything."

Smallwood spoke hesitantly, at times repeating the words of others rattling off a quick answer, then waiting, as if for reassurance.

She had worked in New Jersey as a typist, in a bank and a registered nurse, before job stress led to her first breakdown. She has not been well enough to work for the last 12 years.

Working at the Garden Center, Smallwood said, had given her a little more confidence in herself.

She said, "I didn't know what I wanted to do. I was wasting away — very unproductive. Now I feel about myself."

"I didn't think I could do garden work," she said.

"But I can."

And what she hoped for in the future, she said, "I hope the choices I have to do landscaping, be a landscaping assistant. Anything else would be too much because I've been through so much."

When clients enter the Garden Center, they usually work in the community garden. As their skills and job stability increase, they are moved to assignments with longer hours and greater responsibilities, designed to prepare them for jobs outside

the center.

According to vocational counselling coordinator Rose Bolognesi, the success of the program is not measured in terms of how quickly clients graduate to outside work.

Because of the nature of the population, it's taken some time for people to move through," she said. "We measure by how somebody is personally doing — whether they're expanding their hours and how they're helping other people.

A lot of small steps."

Boggesi agreed. "We start with very disabled people." Most of our people have been chronically ill. Many of them have been hospitalized for many never have worked."

Cultural therapy, she said, "helps them build self-esteem and build a relationship to the outside world."

However, some of the trainees have been very successful, including one who now works as an assistant gardener to the estate of a major business executive and another who was doing landscaping for the city of Richmond.

Bolognesi painted a picture of clients who had been passive, taking whatever the world dished out. Learning in the garden that they can make things happen in their world — they can make a plant grow.

They haven't had many positive experiences in their lives, she said. "To be able to plant a plant and get the positive results is great."

They tend to be dependent on other people, so it's good for them to be depended on by a plant. Through work and their energy, they have a positive experience."

Landscaping is also physically healthy, she said, especially for a trainee like Smallwood, who "has a lot of energy."

(Continued on Page 4)



Program Director Monica Thyberg watches as trainees Maurice Rico, Edward Murphy and John Bullock work in the greenhouse at Rubicon Garden Center

AASK sets 2 meetings
Aid to Adoption of Special Kids (AASK) is holding a "black families for black children" information meeting on Tuesday, Aug. 31, at 7 p.m. in the AASK Office, 3530 Grand Ave., Oakland.

A general information meeting will be held Monday, Aug. 30, at 7 p.m. for anyone interested in adopting a school age child.

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Writer's cramp

In the summer rain

By ROBERTA ALEXANDER

It was a rainy day in the islands, a summer rain, but persistent. Rain is not especially noteworthy in Washington, but it is always a disappointment to the sailing people. In the gray morning drizzle, the sailboats sat listlessly at their moorings.

The waitress in the coffee shop, a sweet-faced 19 with a blond braid hanging to her waist, glanced sympathetically at the full tables. Yellow slickers overflowing chair backs, the boaters sat with coffee, some on their fourth refill. The ashtrays were full.

Conversations were about places the boaters had been in better weather: "if I had known the dock fees at Rosario's were so high..." "and on the north side of the channel there's a rock..." "...a great restaurant, but the waiter told me..."

A group of locals, ensconced at the table nearest the kitchen, talked about the economy: "...so the job only lasted two days..." "but then his backing fell through..." Their ashtrays were also full.

My hair frizzing in the damp, I climbed the hill behind the coffee shop. There was a gift shop, closed this morning, and on its covered porch was an armchair. Half-hidden in the building's shadows, I settled myself with the crossword puzzle from the Post-Intelligencer.

Not many people were out, but a few did appear, attracted by the gift shop's decorated windows. Amazingly, many seemed to take the fact that it was closed as a personal affront. "How can they do this to me?" and "why does this always happen to me?" were the most frequent comments.

A boating family, sneaker-clad, climbed the hill to the gift shop. The mother, in the lead, was wearing yellow pants. Her daughter, about 10, was wearing her mother's face, from the thin eyebrows to the pointy chin. The father and the teenaged son dragged behind, clearly tired of browsing in stores.

They all ignored me except for their dog, which was the size of a pony. It insisted on nuzzling me, and was

dragged off, in silence, by the little girl.

A noisy VW bus pulled into the parking area. The driver was a young woman wearing a long cotton skirt and felt shoes, the kind I think of as elf shoes. She walked into the little grocery store — didn't those shoes get soaked in the rain? They were — and came out with a carton of milk.

Only a few of the larger yachts were out on the water. Three teenagers paddled an orange canoe up to the dock. The climbed out, hauled the canoe up and turned it upside down. Even the bright orange looked dull against the dark green water, the molten gray sky. All the buildings, normally blue-gray, were gray today.

Ten bicyclists, helmeted, their muscular legs pumping rhythmically below their shorts, appeared around the bend in the road. Young and clean-cut, they were on a church tour of the islands. Later I came upon two of them smoking. I was surprised; they seemed a health-conscious crew, people who cared enough about their bodies to get into shape for a long bicycle trip.

Next came a late model car with local plates, driven by a plump woman with a baby, well-swaddled in pink. She was accompanied by an older couple, perhaps visiting in-laws. They looked in all the gift shop windows to the running commentary of the older woman: "My, that's a cute little doll, isn't it. And look at those colored maps, they look real pretty. Oh, I'd like to look at those bracelets."

The younger woman was silent until she came to the door with its "Closed" sign. "Well, my stars," she said, to the first person I had ever heard use that expression.

I watched a middle-aged man stride out of the grocery store down the hill, a newspaper tucked under his arm. Although he was wearing jeans and a plaid wool shirt, he walked like an urban businessman late to a meeting.

By 11 a.m. the rain stopped and a weak sun began to dry up the puddles. I checked my newspaper; I'd done a third of the crossword — enough to satisfy my intellectual pride. I stuffed the paper into my bag, put on my sunglasses, and strolled off the porch.



School budget: not bad

By STEPHEN BUEL

ALBANY — Superintendent of Schools Stephen Goldstone has presented the Board of Education with a slightly healthier "First Final Budget" for the next fiscal year, reflecting a \$170,000 beginning of year increase.

"Overall we are expecting an income of slightly less than last year," Goldstone said, "but due to our attempt to bring in a little more income, we are starting with a bit of a reserve."

However, Goldstone cautioned against assuming that discovery of the extra money would put the school district in a much better financial position than before.

"Our budget income shows no increase," he said. "We're badly hit, but what's helping us is the ending bal-

ance from last year that we're bringing over."

"We have a lot of fixed costs," he added. "As costs go up every year, even if we don't increase. Over 70 percent of our budget is in employee salaries will not keep up with inflation."

Much of the additional revenue is the start-up of MacGregor High School, the new education school. Goldstone said operations will bring the school district additional state students.

"That was a major source of additional said."

The extra money in the balance has been located to two accounts, deferred maintenance appropriations for contingencies.

Gardening for mental health

(Continued from Page 3)

ergy, though she doesn't look it."

"A lot of her energy is internal," she said. "When she is working, she releases that energy and feels better and sleeps better."

The garden also gives trainees a chance to talk to each other and something to talk about, she said. Many people don't know what to say to each other, but they can talk easily about their common job.

And on a practical level, it gives them work skills.

The program is funded partly by federal, state and local grants, and partly from the proceeds of the nursery. Thyberg stressed that the nursery was not just an experiment in mental health.

"It's a retail nursery like any other," she said.

The store is open Mondays, Thursdays from 10 a.m. until 5:30 p.m., Saturdays from 5:30 p.m. and Sundays from 11 a.m. until 7 p.m.

According to Rose-Bolognesi, the store is just like any young business, and we welcome and we welcome customers. We feel the business is really important part of our program and we're going."

The Rubicon program drew its name from Italy. When Julius Caesar crossed the Rubicon, he said, "I have crossed the Rubicon."

"That's the whole philosophy of our program," said. "People move on and there's no turning back."

Historical exhibit planned on old Chinese-American theaters

The Chinese Historical Society of America is preparing to exhibit a treasure trove of 300 newly discovered photographs of the productions and actors and actresses of the old Great China Cantonese Opera Theater in San Francisco's Chinatown of the 1920s and 1930s.

Research for the exhibition is uncovering the whole history of the Chinese American theater from 1852, when the first Cantonese Opera troupe arrived in the West at the height of the Gold Rush, until the present day. This will be the first major exhibition devoted to the main aspect of cultural life of the first, second and third generations of the Chinese American community.

The CHSA project staff is headed by Jack Chen of El Cerrito, author of "The Chinese of America," and Wylie Wong, a director of the Jehu-Wong art gallery in San Francisco.

The National Endowment for the Humanities, the San Francisco and Zellerbach Foundations are helping to fund the project. The Bank of America will present the interpretive exhibition in July, 1983 as part of its art program in the Concourse Gallery at its corporate world

headquarters in San Francisco.

Since the photographs were found without caption on a trash dump in Chinatown, the society faces some difficult problems of identification, and urgently like to hear from anyone who has seen America's Chinese theaters in San Francisco or in the United States. Their address is 937 Lincoln Cerrito, 94530; 524-7287.

Park Dept. prepares day care program

ALBANY — The Albany Park and Recreation department is sponsoring a day care program for children through ten years of age.

The program will be held at Memorial Hall, 1375 Portland Ave. Hours will be 10 a.m. from 3 to 6 p.m. for children dismissed from above times. Hours will be 10 a.m. to 4 p.m. on vacations, Monday through Friday.

Activities include arts and crafts, cooking, sports, library programs and excursions. Crafts include clay, pottery and sculpture, art work, quilting projects, wood crafts and kit crafts.

The program will extend hours in the morning to 6 p.m. if enough people are interested. Cost per month from 3-6 p.m. and \$65 per month.

Registrations are now being taken at the city hall and Rec Dept., 1000 San Pablo Ave., or call 524-7287 for further information. The program will start September 12 to registrations. Limited enrollment.

Wanted: art for the show

ALBANY — The newly formed Albany Art Committee will sponsor an art show in front of the library during the Solano Stroll.

The Stroll is scheduled Sunday, Sept. 15 from 10 a.m. to 4 p.m. Albany artists and craftspeople interested in displaying their work should contact Ronnie Dene 3720 (Albany Library, Tuesday and Wednesday - Saturday 10-5.)

Exhibit to contrast two art dimensions

Kala Gallery will present 2-D/3-D, an exhibit of sculpture and works on paper through Aug. 31.

This exhibit examines the relationship between works executed in two dimensions and those in three dimensions by the same artists. Ten artists are included in the show and wherever possible a flat piece and a related sculptural piece by each of these artists will be on display.

The 10 artists whose work will be displayed are Robert Dhaemers, Margaret Herscher, Archana Horsting, Martin Metal, Yuzu Nakano, Ferdinand Penker, Carlo Schiavon, Daniel Shapiro, Fred Strevel, and Michael Waldstein.

Kala Gallery is at 1060 Heinz St., Berkeley. For information call 549-2977. Gallery hours are 10-5, Tuesday through Friday.

There will be a special open house for the International Sculpture Conference, Sunday Aug. 8, from 5 to 7 p.m.

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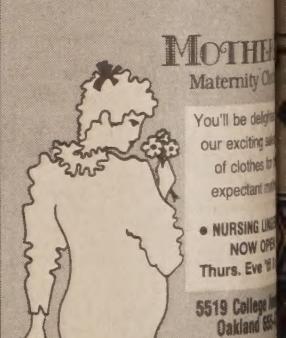
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The tribe gathers

In summer we had a grand gathering of the tribe, O'Neil in Attica, Michigan. It was the first International reunion for this group. Members attending, for the most part, were not related, and in fact, did not know each other. Various spelling of the Irish name were represented. The most common of which were Doherty, Doherty, Dority, Daugherty, Daugherty, Daugherty and Dogherty. The spelling may all originated from the same area in Ireland: Derry and the Innishowen Peninsula.

We were privileged to have Paddy Doherty, of Derry, as our guest speaker. Acting as the Envoy for the Fergie, Paddy extended an invitation to our 1985 reunion in Derry and Donegal. We held our 1985 reunion in Derry and Donegal. This year, three of our Association members traveled to Derry and Donegal to take part in the re-opening sessions with Irish Committee Members of the Fergie. Plans are underway for the return of the Fergie in 1985.

This is the Year of the O'Dochartaigh and we have the honor of taking part in the largest family gathering of the year. We ask your assistance in reaching our fellow countrymen and women in your area. The women who have

given up their name in marriage, we are most eager to contact and we know of no better way than through the newspaper.

Our Irish cousins are working diligently for the fruition of this grand gathering in 1985. We welcome participation by all members of our noble tribe. Further information may be obtained from our headquarters. Thank you for your help in "getting the word out."

Jeanne Dougherty Kitchen
Secretary
O'Dochartaigh Family
Research Assn. of No. America
P.O. Box 98
Attica, Mich. 48412

Campaign expenses

I read with some interest that one reporter said Supervisor Powers spent \$5.21 (Contra Costa Independent, August 3) per vote to defeat Jean Siri while another declared it was \$5.79 (Contra Costa Times, August 8). I said he had spent \$94,188 while she had spent \$12,599 (94 cents a vote), while the other said he had spent \$104,657, while she had spent \$12,754 or 97 cents a vote.

Well, I put a couple of new batteries in my old calculator and apparently it runs a little faster than those of the two reporters because I came up with an expenditure of \$118,411 or \$6.55 per vote for Mr. Powers. Mrs. Siri spent \$12,599 or 96 cents a vote.

This is how I did it: Powers Election Committee \$94,188 as of June 30, 1982. His Morning Forum spent \$9,915

in 1981 (the year it was formed) and \$9,985 in 1982. Powers Campaign Council collected \$5,223 over and above what he spent on his 1978 campaign. (Compare his contributions for the period ending 1981 and subtract his estimate for his 1978 campaign of \$40,000 as reported on January 28, 1982, in the Contra Costa Times.) All this adds up to \$118,411. When divided by the 18,075 votes he received, it results in \$6.55 per vote. Divide Mrs. Siri's \$12,599 by the 13,078 votes she got, for 96 cents.

It is, of course, gross whether he spent \$5.21, \$5.79 or \$6.55 or 9.4 times as much as she spent.

Mr. Powers seems to maintain the fiction that the Morning Forum is something separate from his campaign, but it fits the description of a controlled committee and all its finances must be regarded in the same light as those of his main committee. "If it looks like a duck and walks like a duck..." It is okay for candidates and officeholders to start up breakfast clubs to gather extra contributions, but they shouldn't forget what they are doing or try to confuse the public.

Campaign disclosures and statements of economic interests make very interesting reading. They can be seen at the Elections and Registrations office at 524 Main St. in Martinez. One particularly riveting item in Mr. Powers' campaign statement is a contribution by Arthur Shelton, a Walnut Creek lawyer who is known to represent the Canadian company Daon Development Corporation. Mr. Shelton attempted to give \$3600, but Mr. Powers sent back \$1150, leaving the contribution at \$2450 "to stay within voluntary contribution limits." This informs us as to Mr. Powers' views on campaign contribution limits.

It must be very difficult for a candidate to return money in the heat of a campaign upon which his/her whole future is at stake. It is also difficult to set reasonable limits. That is why a coalition of people around the county want to establish the rules of the game. This will take the pressure off the contributors and the candidates alike and open up the process to those who must want to support a candidate "for the good of the order."

The supervisors may set up a task force to write such an ordinance. A county-wide coalition of groups and individuals will operate parallel to this task force and if it comes up with something the coalition can agree with, fine. If not, the coalition will continue to gather groups to run their initiative petition signature campaign, beginning in January, 1983.

For further information, call 237-5972.

Virginia Rice
El Cerrito

Speaking gratefully..

USDA Toastmistress Club thanks you sincerely for continuing to publish this notice. The Times Journal is apparently reaching more people than we thought possible. We have received a number of inquiries.

While not all of them are able to attend a noon meeting we have referred them to other clubs in the area that meet evenings or on weekends.

Again, thank you.

Sincerely,
Doris M. Petrie
President, USDA Toastmistress Club

Briefs

Walk-a-thon set for women's rights

California N.O.W. will sponsor a 10-kilometer walk and all-day First Annual Feminist Freedom Fair, Sept. 5 at Berkeley's Provo Park.

Supporting anti-E.R.A. legislators in local and state government across the country is the goal of the "Kick 'Em Walk for Women's Rights," which will raise money for California N.O.W.'s PAC (Political Action Committee).

The walk is part of a national campaign to mobilize women so that the E.R.A. will be ratified rapidly nationwide. Walkers participating in this event - the largest feminist-in-a-day in Bay Area history - will leave from and end at the First Annual Feminist Freedom Fair, an all-day celebration featuring kiddie rides, clowns, booths, amusement and games.

More information, call 387-2720.

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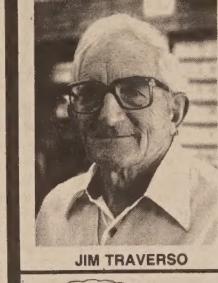
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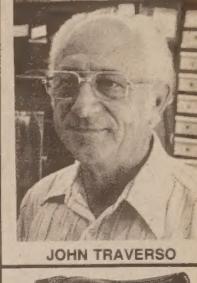
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Times Journal / sports

The Phils go all the way

The Little Leaguers' second winning season

By KEITH EASTHOUSE

ALBANY — With all the trouble he's been having in Oakland this season, A's manager Billy Martin might be glad to know that in the Albany Little League at least, "Billy Ball" is alive and well.

Its two practitioners, manager Joe Pinguelo and coach Bryan Rosano, used Martin-style aggressiveness and daring to lead their Senior League (ages 13-15) "Phils" team to its second straight title. In fact, throughout the recently completed season, fans used the term "Philly Ball" to describe the team's hard-hitting, base-stealing kind of play.

The nickname was well-earned. The Phils beat one team 38-8 and on more than one occasion scored close to 20 runs. They had four players whose batting averages were over .500 and two that hit over .600.

Moreover, Pinguelo, 24, and Rosano, 22, said the frequent use of unorthodox tactics such as double-steals and bunt-and-runs were a primary reason for the team's 13-2 record and their finishing in the top four out of 15 East Bay teams at the Tournament of Champions, held last month in Concord.

"I go by Billy Martin's strategy," Pinguelo said. "I'll take chances. If it's a tie score, I'll do something."

"Basically, at the beginning of a game, I want to score a run right off the bat. I'll usually have my best runner go to the plate first. If he gets on, I'll have him steal second. Then I'll have the next batter bunt and the man on second will head for home. He won't even look for the ball."

Pinguelo and Rosano grew up in Albany and went through school and Little League together. Pinguelo wrestled for Albany High School and now sells real estate. Rosano is a machinist. As a student, he competed for Albany High in baseball.

The two young coaches have led the Phils for the past three years. In their first season, Pinguelo and Rosano had more than a few difficulties.

"It was my first team in the senior league and I decided to draft the younger players (13-year-olds), so we'd have a chance to build a team," Pinguelo said. "Since we played against teams that all had older players, we only won one game and lost 14. I felt bad about losing, but I knew we were going to be back next year."

And how. The Phils turned things completely around last season, beating out five other teams for the league championship while winning 14 games and losing only one (and just like this year's team, they finished in the top four at the Tournament of Champions). With the players a year



The champs

The Phils' team photo shows, back row (left-to-right): Bryan Rosano, coach; Lee Harris; David Wilson; Ron Kramer; Paulo Pinguelo; Danna Wilson; Patrick Dewees; Victor McKnight.

Adolpho Zermenio; Joe Pinguelo, manager; kneeling, left-to-right: Demian Zweben; Dennis Daniels; Adam Ettrick; Patrick Dewees; Victor McKnight.

kids and with how they played them."

"They let all the kids play," she said.

Her son, who played on the Albany High baseball team last spring as a freshman, said,

"Two coaches make a point to emphasize the

"They won't yell at you if you make a

body was hanging their heads in the dugout,

coaches kept telling us to keep up the spirit,

telling everybody we could win. We ended

about ten runs."

Perhaps one reason for the Phils' success

in age between the coaches and the players.

Catcher and left-fielder Ron Kramer and Pinguelo and Rosano "relate to the kids real well,"

"Most players look at them as their friends," said Kramer, one of the team's leaders.

"When I think about them, I think that they're

ly."

Pinguelo added that "our number one is

a really good time."

Another thing Pinguelo and Rosano do

is to instill the proper attitude in their players.

"We tell the players to always be the best they do," Pinguelo said. "We tell them to look to the future, that a career is important."

Mira Vista golf

standing

Guests' low gross—Carol Bowman (Pleasanton), 82.

First flight—Virginia Hallenger (Orinda), 97-23-72; Pat Fabian (Orinda), 97-23-74; Li Knock (Tilden), 97-20-77; Lucy Gordon (Green Valley), 99-27-78.

Second flight—Mary Snelling (Green Valley), 92-25-57; Isabel Barreiro (Sealwood), 99-25-72; A. Leiber (Lake Merced), 99-25-74; Diane Conger (Green Valley), 104-29-75.

Third flight—Alice Meller (Orinda), 101-32-71; Anne Mazzanti (Sealwood), 110-33-77; Adele Grodin (Round Hill), 111-31-80.

Members' low gross—Helen Break, 90.

First flight—Ellen Berovitz, 90-20-70; Julie Collier, 92-19-73; Betty Thode, 95-21-74.

Second flight—Midge Frost, 99-28-71; Kay Lohman, 95-26-72; Bernice Dekker, 101-31-74.

Third flight—Dorothy Farar, 103-32-71; Page Griffin, 104-32-72; Ethel Glick, 104-32-74, and Barbara Wang, 106-32-74.

Fourth flight—Lucile Buchanan, 105-33-72; and Margaret Wolleson, 106-33-72; Linda Rappaport, 106-34-74; Billie Kragen, 110-34-76.

Fifth flight—Dorothy Schneider, 109-68-74; Anita De Simone, 109-38-71; Marge Wanstrath, 146-40-71.

Men's under 21—Mike Sauer, 106-32-74.

Liniment (Men's) 18 and over—The Top Ten.

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Albany Park 18 and over

Over the Hill Gang

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Over the Hill Gang</

Pot Luck with Olga Bier

As I was saying

Sum — or Heart's Delight — are undisputedly Chinese snacks which are growing in popularity and there are palates appreciative of the special flavor.

These little tidbits of chopped meats, fish, and vegetables in dough are beautifully suited for entertaining because they are so delicious but not too filling. They can be made ahead and frozen, making them for do-ahead entertaining.

With six you get egg roll

It's an old gag, but I say do whatever you need to do to get some of these crispy golden rolls. Generally deep fried, they must be eaten hot from the oven. They tend to get greasy if allowed to sit. But I have them with filo dough and baked them and they are easy to do this way. They also are not as greasy as version.

When prepared with the ready-made egg roll wrappers you buy in the produce section of your supermarket, you can fry them in oil or shortening at 375 degrees. But maybe you would like to try the filo kind. Freeze before or after baking. (I prefer to freeze before.)

Egg Rolls in Filo

3 T. oil or shortening
 ½ c. chopped shrimp
 ½ c. lean pork, chopped in very small dices
 2 med. stalks celery, minced
 ¾ c. shredded Napa cabbage
 4 green onions, minced
 ½ cup chopped mushrooms
 ½ c. minced water chestnuts, well drained
 ½ c. fresh bean sprouts
 1 (or more) cloves garlic, finely minced
 dash of sugar, salt, and powdered ginger

4 T. soy sauce
 1 T. cornstarch
 Filo sheets
 Melted, unsalted butter

Heat oil. Add shrimp and fry together for a minute or so. Add celery, cabbage, onions, and garlic and stir — fry briefly. Add mushrooms, water chestnuts, sprouts, and seasonings. Continue to stir — fry several minutes more. Sprinkle with cornstarch and stir in soy. Cook one minute and cool.

Lay out one sheet of Filo (longest side from left to right) and brush with melted butter. (Be sure to keep remaining Filo leaves covered with a damp towel to keep from drying out.)

Place several spoonfuls of filling evenly spaced at the bottom edge and cut in 4 strips with tip of knife.

Fold over a small flap on each side and roll up (looks like a small burrito). Place on greased sheet, brush with butter and bake 375 degrees for 20 minutes or until golden brown and crisp. Serve with hot mustard.

If you use the egg roll dough squares instead of the Filo, wrap spoonfuls of the filling in the dough. Be sure ends are turned in to keep filling and juices in and fry in hot fat. Drain on paper towels and serve immediately. If making ahead to freeze, do not take time to thaw when needed. Just bake or fry a bit longer.

Yank Sing Golden Coin Pork

2 lbs. pork butt, sliced about ¼ in. thick
 Marinade made of:

2 t. salt
 3 T. sugar
 1 T. minced garlic
 1 c. dry sherry or Chinese rice wine
 2 c. ketchup
 1 T. fresh ginger, minced
 2 T. bean paste (optional)

Mix pork slices in marinade in a stainless bowl. Let sit for at least four hours or overnight in the refrigerator.

Preheat oven to 400 degrees or prepare a hot BBQ. Layer the slices of pork on long metal skewers. Brown and cook thoroughly on BBQ or on a rack in the oven for about 1 hour.

Serve with slices of plain white bread or hot rolls.

Years ago Sunset Magazine did a piece on making your own Char Siu Bow (rolls filled with pork). The short cut they suggested was to use either frozen bread dough or a roll mix. If you'd like my version of this recipe, send me the usual envelope and I'll enclose several fillings for you to try as well.

Go alongs

Chinese soups are marvelous. Here's a quickie to try:

2 c. chicken stock (canned or bouillon)
 1 can stewed tomatoes or 2 diced fresh tomatoes
 1 small tub of firm tofu
 several chopped green onions

Simmer tomatoes and stock for 8 — 10 minutes until well heated. Cut tofu into small cubes, add to stock, and simmer 5 minutes more. Garnish with onions and serve. Quick, pretty, nourishing, tasty!

A Yank Sing Special

At the banquet at Yank Sing which I described in my last Pot Luck, the chef generously has sent his recipe for Golden Coin BBQ Pork. This is very special pork dish takes its name from the well-known Cantonese specialty of roasting slices of chicken livers or meats on skewers and when they are thoroughly cooked, they are served with the hole in the middle of the meat, reminding us of the traditional Chinese coins.

Arms race film shown

The morality of the arms race is the subject of a Community Education Committee program, Thursday, Sept. 2.

The program, from 7:9 p.m., will be at St. Leo's School Auditorium, 4238 Howe St., Oakland.

The film, "Neighbors," will be shown, followed by an interfaith panel discussion.

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COORS BEER
 12-oz. cans
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COKE or TAB With Coupon
 16-oz. Bottles Without Coupon 1.09
79¢

JAY VEE LIQUORS

SAVE 30¢ off one 6 PACK
 OF COKE OR TAB 16 OZ. RETURNABLE
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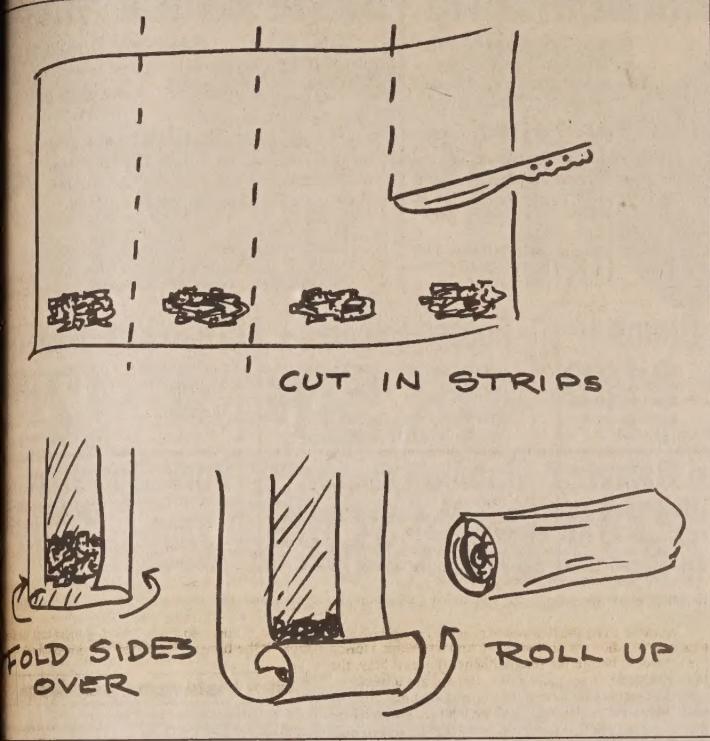
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JAY VEE

Berkeley 1316 University Ave.
 Few Blocks East of San Pablo
El Cerrito 10560 San Pablo Ave.
 Jay Vee Center
Pinole 2975 Pinole Valley Rd.
 Across from Pinole High

Expires 8/31/82



Book lovers, note

ALBANY — The Friends of the Albany Library's book sale will be held Saturday and Sunday, Aug. 26-27, from 9 a.m. to 4 p.m. at Cornell School, Cornell Avenue.

Earlier announcements did not mention the locale of the sale. The Times Journal regrets the error.

Old Corner Butcher Shop & Deli
 Old Fashioned Service & Quality
 USA Choice
 BEEFLESS CHUCK ROAST \$2.29
 Sale Price thru Aug. 31
 1316 Gilman St., Berkeley • 524-8242

Ocean Fresh
 Seafood Fresh Daily
 Continental Dining
 Champagne Brunch
 Open 4-9:30 a.m.-2:30 p.m.
 \$5.75-\$7.50
 523 San Pablo Ave. • Albany
 Reservations . . . 525-6219, 525-3720

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 A complete wine and spirit store.
 Specializing in California's Finest Wines
 Selected by Doug and Dolly Walker
 Wedding and Party Service.
 Visa and Master Card
 Sunday-Thurs. 10am to 11pm
 Friday-Saturday 10am to 12 midnight
 Free Parking
 1495 Solano Avenue • Albany • 525-4606

Walker's Pie Shop & Restaurant
 1491 Solano Avenue, Albany 525-4647
 Hot Lunches - Sandwiches
 Best REAL Burger in Town!
 Served 11 am - 3 pm
 Breakfast 8 am-11 am, Dinners only 5-8 pm
 Closed Sunday & Monday

BART fares will go up 15 percent next month

BART trips from the West County to San Francisco will cost 30 cents more in about three weeks as a result of a 15-percent rate increase hammered out by the transit district's board of directors last week.

The fare package will raise costs to the system's 185,000 daily users \$7 million to \$8 million annually, said spokesman Sy Mouber.

The vote on the increase was 8-to-1. Richmond BART Director Nello Bianco voted for it; the lone holdout was Director Robert Allen.

Richmond riders heading to Montgomery Street station in San Francisco will pay \$1.60 for the ride, a 30-cent increase. The same trip will cost El Cerrito Plaza riders \$1.50.

The base fare of 50 cents for rides of up to six miles will go up to 60 cents.

Passengers who travel six to 14 miles will pay a 71-cent base fare plus 2.4 cents per mile, while trips of more than 14 miles will cost \$1.15 plus 2.4 cents per mile.

A 2-cent-per-minute "scheduled speed component" will be charged for parts of BART trips that go especially quickly because the trains are on a straightaway.

Surcharges on trips through the Transbay Tube and to the Daly City Station will go up 10 cents — to 35 cents and 40 cents respectively.

The board voted to continue the 90-percent discount that senior citizens, disabled people and children receive.

Directors also agreed to investigate the possibility of charging lower rates for passengers who use the system during off-peak hours than for those traveling at peak commute times. The BART staff was directed to come up with a proposal for a four- to six-month trial period sometime in the future for the board to consider.

The vote on the compromise package came after three other packages were proposed, hotly debated and then shot down in the course of the two-hour meeting.

Board president Eugene Garfinkle warned fellow

directors debate that they must agree on a fare increase or place the transit district's \$285 million capital program in jeopardy. He said BART's ability to sell revenue bonds depends on its raising more money through farebox receipts.

In a separate vote, a \$65 million bond sale to pay for new BART cars was approved. Sept. 16 was set as the date of sale.

Despite agreement on that point, however, the directors deadlocked over the question of how much of the fare increase burden should be borne by patrons who travel longer distances.

Director Art Shartsis argued that the current fare structure has built-in inequities that favor outlying patrons and penalize BART riders who live in cities and tend to travel shorter distances.

He said the structure allows outlying residents to ride for 6 cents a mile while short-distance passengers pay 18 cents, more than BART's actual cost per mile.

Director Barclay Simpson, however, said distance riders have to pay for the basic service of the system and that cost per mile for passengers set at a level that would attract commuters otherwise drive.

"It's a basic tenet of business that you decrease the cost in outlying areas unless you decrease the cost," he said.

He also argued in favor of instituting a slightly higher fare to encourage ridership among people ordinarily use BART.

The compromise package includes the incentive and will also create a \$21 ticket for BART's 20 to help reduce costs for regular BART.

Shartsis, who played an important role in the final compromise, said he was pleased with the result because it will "rectify a historical problem" keeping the cost to short-distance riders lower than the cost to long-distance riders.

Briefs

Researcher gets grant

The American Cancer Society announced recently that seven scientists at UC-Berkeley have received research grants totaling \$476,460. These grants are part of \$4.5 million in new research awards.

Dr. W. Zachary Cande of Albany, Department of Botany, received \$65,000, a one-year grant.

Ombudsman training set

Ombudsmen are trained volunteers who visit nursing homes to help residents resolve grievances and obtain the best care possible.

Beginning Sept. 15, at the Hayward Library, from 6-9 p.m., Citizens for Better Nursing Home Care will sponsor a tuition-free class for prospective ombudsmen. The class will meet every Wednesday through Oct. 30.

The class will be taught by Marilyn Saunders and Harold Bennett. Completion of the course will lead to a certificate.

To register, or for more information, call 465-1065.

Library closes

On Wednesday, Aug. 25, the Central Library and all branches of the Contra Costa County Library System will be closed for two hours from 10 a.m. to noon in order that all library employees may attend a special annual staff meeting.

Movement class planned

An intergenerational class on movement, life events and creative arts begins Monday, Sept. 13.

The class meets from 10:30 a.m. to 11:30 a.m. at North Berkeley Senior Center (at Hearst and Grove Streets).

Instructor is Hilari Hauptman. The free class is sponsored by Vista College.

For more information call 841-8431 Ext. 51.

Seniors set fall yard sale

Plans have been made by the advisory board of the Richmond Annex Senior Center to hold a yard sale and bazaar, at 5801 Huntington Ave. on Oct. 2.

The sale, planned for 10 a.m. to 4 p.m., will feature needlepoint, paintings and crafts, all done by participants in the center's classes. Refreshments also may be purchased.

Brunch will be served by the volunteers of the Richmond Annex Senior Center every Sunday from 10-2. Donation, \$1.50. For information, call 526-3553.

The center is open weekdays, 9-4.

LHS sets fall classes

Science has become such an important part of everyday life that no one is too young or too old to learn more.

This fall, the Lawrence Hall of Science offers nearly 60 after-school and evening classes for tots through adults in astronomy, biology, chemistry, computer science, mathematics and physics.

Five new classes are: Astronomy and Stargazing for Kids Under Eighty, Food Chemistry, Exploration in the Field, PASCAL Computer Programming and Intermediate Assembly Language Programming.

All classes begin the week of Sept. 27. Fall enrollments will be taken beginning Sept. 7; call 642-5132 for a free brochure.

Boneless Round

Steak, Full Cut, Safeway Quality Beef

\$179
lb.

(Ground Beef Round, Made Exclusively from Beef Round, Does Not Exceed 22% Fat, lb. \$2.39)

Bar S Ham

Canned (Majesty Imported Boneless Cooked Ham, Water Added, 3 lbs. \$8.88, 5 lbs. \$13.49)

\$8.97
5-lb.

Biscuits

Mrs. Wright's, Refrigerated, Buttermilk or Homestyle, 8 oz.

SAFEWAY SPECIAL

BUY 6
SAVE 78¢

6 \$1
for



Budweiser

Beer, 6-12 oz. Cans

SAFEWAY SPECIAL

\$198
(Light Beer, 6-12 oz. Cans, \$2.09)



Case of 24-12 oz. Cans, \$7.92

Pepsi

Pepsi Light, Diet Pepsi or Mt. Dew, 6-12 oz. Cans

\$149
SAFEWAY SPECIAL



SAFEWAY

SAVE 7 DAYS A WEEK

Boneless Round Tip

Roast, Boneless Rump, Bottom Round or Boneless Cross Rib Roast, Safeway Quality Beef

\$199
lb.

(Boneless Eye of Round Roast, lb. \$2.69)

7-Bone Chuck

Roast, Safeway Quality Beef

\$158
lb.

Foster Farms

Baking Hens, California Grown

59¢
lb.

Fresh Leg of Lamb

\$21
lb.

Canadian Bacon

Chunks, Avg. Weight, 2-3 lbs.

\$288
lb.

or Small Slipper Lobster Tails, Frozen Fresh Thawed

Jumbo Lobster \$9.99
lb.

Pork Spareribs

Frozen Fresh Thawed
\$15
lb.

Beef Rib Roast-Large End

Safeway Quality Beef

\$218

Boneless Beef for Stew

Safeway Quality Beef

\$229

New York Strip Steak

Boneless, Safeway Quality Beef Loin

\$4.99

Giliano Salami

Hillshire

Kielbasa, Reg. Smoked, Hot Smoked or Smoked Beef

Made Rite Bologna

Fresh Hen, California Grown

Smoked Turkey

Italian Dry, Deli Style

Medallion Game Hens

Meat or Beef

\$1.59

Farmer John Ham Slices

20 oz. \$1.39

or Patti Jean, Frozen

24 oz. \$2.69

Pear Shaped

Beef Rib Roast-Large End

Safeway Chipped Meats

All Varieties

Gallo

Table Wines, Hearty Burgundy, Rhine, Chablis Blanc or Red Rose, 3 liters

\$3.99

SAFEWAY SPECIAL

S & W Beans

Kidney or Garbanzo, 15 oz.

39¢
SAFEWAY SPECIAL

S & W Tomato

Italian Style, Stewed

40¢
SAFEWAY SPECIAL

Smirnoff Vodka

80 Proof, 1 liter

\$5.99

Early Times Bourbon

80 Proof, 1.75 liter

\$10.99

Sebastiani

Mt. Wines, Rhine, Burgundy, Chablis or Vin Rose, 1.5 liter

2 for \$6

Wente Bros.

Wine, Chablis, .75 liter

2 for \$5

Henry Weinhard's

Beer, 12-12 oz. Bottles

\$4.49

A' Sante

Mineral Water, Lime or Orange Flavors, 7.5 oz.

\$1.79

SAFEWAY SPECIAL

S & W Baked Beans

Marinated Garden or Bean Salad, 17.5 oz.

Vegetable Juice, Cocktail, 46 oz.

Natural Style, Sliced Peaches, Sliced

Cling Peaches or Fruit Cocktail, 16 oz.

Items and prices in this ad are effective August 25, 1982, thru August 31, 1982, at all Safeway Stores in the following counties: Alameda, Contra Costa, Marin, San Mateo, Santa Clara, San Francisco, and Santa Cruz. Effective in Vacaville and Fairfield, in retail quantities of 12 oz. or less.

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Two killed in sailing accident

By NORMAN COLBY

El Cerrito man and his sailing companion were 28 when their 16-foot catamaran capsized on Aug. 26 near the Berkeley Marina.

John Johnson, of El Cerrito, who owned the boat, and J. Corbett, 35, of Alameda, co-workers at the marina in Emeryville, were found lashed to the overboard about 10:30 a.m. Sunday.

The men apparently died from overnight exposure to cold bay waters, according to authorities. Autopsies were scheduled for this morning by the County Coroner's Office.

They were found dead lashed in sitting positions to the sailboat's trampoline — which connects the two hulls — after taking the boat from the marina at 5 p.m. Saturday night and being seen for the last time about five hours later near Angel Island.

A coroner's spokesman there said the men could have died of hypothermia caused by prolonged exposure to the chilly waters and cool night winds.

On the average, a person can survive in the water of that temperature for no more than an hour.

Coast Guard officials said a search was conducted Saturday night after a report was received of an overturned catamaran.

The report was submitted by a sailor who told Coast Guard officials that the wind was too strong for him to approach the boat. It appeared to the searchers that this report referred to another capsized catamaran reported at 5 p.m., Saturday, which had been towed to shore.

A Coast Guard spokesman said that they stopped the search after an hour based on the lack of any reports of missing catamarans and the fact that many reports of capsized boats are false alarms.

Briefs

Solano merchants plan annual stroll

Plans for the 1982 Solano Stroll, scheduled for Sunday, Sept. 19, are moving forward.

Sign-up sheets have been delivered to all Solano Avenue businesses and special invitations have been sent to community and charitable groups so that they can participate in the Stroll for fund-raising and informational purposes.

Organizers are negotiating with the city of Albany for street closure. A parade is also planned.

Volunteers to handle a variety of activities on Stroll day are needed. Anyone interested is asked to stop in at Michael's Liquors, 1495 Solano, and leave their name and phone number.

Urban house plans self-help workshops

The Integral Urban House in Berkeley offers a full summer of Saturday workshops on ways to put the sun to work for you inside and out.

Saturday tours are at 11:30 a.m. and 2:30 p.m. \$3 for adults and 50 cents for kids and seniors covers tour and 1 p.m. workshop. Call 525-1150 for more information. Or drop by Tuesday through Friday between 10 a.m. and 4 p.m., to 1516 5th St., Berkeley, 94701.

Workshops include: Aug. 28, Natural Cooling for Houses and Apartments; Sept. 4, Organic Hydroponics; Sept. 11, Ways to Preserve Food; Sept. 18, Woodstoves; and Sept. 25, Solar Water Heating.

Cancer study needs volunteers

EL CERRITO — Black, caucasian and Oriental volunteer researchers are needed in West Contra Costa by the American Cancer Society, which is preparing to launch Cancer Prevention Study II — the largest human study ever undertaken to determine the effect lifestyles and environment have on the risk of contracting cancer and other diseases.

After a training session in August, each researcher will be asked to distribute confidential questionnaires to 10 families in September. Each family selected must include one member age 45 or older, and favored will be families who are likely to remain in the area for the next six years.

Those interested in becoming researchers should visit the office at 10290 San Pablo Ave., or call 525-6801.

AHS starts football

ALBANY — Football practice starts at Albany High School's Cougar Field on Monday, Aug. 23. Monday will be the first of the 10 "double days" with a practice in the morning and one in the afternoon.

Letters were sent out to all students who signed up for football in June. The letters explain the procedures that are to be taken prior to Aug. 23 and cover details such as insurance, physicals, equipment, etc.

Any young man who will be a student at Albany High School in September and who missed the sign up or is new to the district and wants to play, should call Coach Bob Hoyle at 525-0421 as soon as possible.

Clothing art shown

"Image on Clothing" is an exhibition of recent work by artists Birgitta Olsen and Joy Stockdale at Pacific Basin School of Textile Arts, 1659 San Pablo Ave. in Berkeley.

Hours are Monday through Friday, 11 a.m. to 4 p.m.; Saturday, 1-4 p.m. The exhibit closes Sept. 17.

Stockdale makes silk garments which give the appearance of hand painting. Her designs incorporate floral, geometric and landscape forms.

Olsen is showing crocheted vests and knitted sweaters, mostly of animal fiber which she spins and in some cases dyes.

Rise early, meet bikers

ALBANY — On Aug. 28, a group of bicyclists will arrive at the Albany City Hall at 6:33 a.m.

These bicyclists are part of the "America's Freedom Ride 1982," which is a 9,500-mile continuous bicycle journey through all 50 states. The ride commemorates the 200th anniversary of the signing of the Constitution.

The bicyclists will be greeted and presented with a proclamation and then continue on their journey.

Class set on parent aid

Parent Stress Service of Alameda County is offering a 30-hour training class for seven days beginning Sept. 9, Tuesdays and Thursdays from 9 a.m. to 1:30 p.m.

Volunteers will learn about child abuse, telephone crisis counseling, parenting skills, child development and related fields.

For more information about Parent Stress Service training program, call 893-5444.

SPECIALS PRICES GOOD 7 FULL DAYS

Honeydew Melons

A Cool, Refreshing Treat Anytime

lb. 25¢

Fresh Basil
Fresh, Garlic, lb. 99¢ each 58¢

Fresh Basil Pesto
Compressed Fresh Basil Leaves
Large Garlic Cloves
1/2 Cup Pine Nuts
3/4 Cup Olive Oil

Leaf Lettuces
Butter, Green or Red 3 for 89¢

Cut Gladiolas

Save \$1.00

Yellow Onions U.S. #1

Grapefruit Ruby, Sun Kist

Fresh Broccoli

Fresh & Tender, Delicious with Cheese Sauce or in a Salad

Bell Peppers
California Grown, Great Stuffed, Fried or in a Salad lb. 39¢

Carrots Clip Top

Red Potatoes U.S. #1

Cucumbers Cool and Crisp

Fresh Bananas

Golden Ripe, America's Favorite Fruit

6 \$1 lbs.

Fresh Peaches

Fresh O'Henry Peaches from the San Joaquin Valley

lb. 39¢

Wesson Oil

24 ounces

SAFeway SPECIAL
SAVE 36¢
99¢

VIDAL SASSOON

Three Simple Steps to Beautiful Hair
Step 1: Shampoo, 8 ounces \$1.59
Step 2: Remoisturizing Creme, 2 oz. \$1.59
Step 3: Finishing Rinse, 8 ounces \$1.59

Arrid

Aerosol, Assorted, 50¢ OFF LABEL, 6 oz.
\$2.15

Signal Mouthwash

32 ounce Size
\$1.00 Cash Refund On Each Bottle

Feature Price \$2.59 Less Mfg. Rebate \$1.00 Your Cost \$1.59

Vaseline

Intensive Care Lotion, 10 oz.
\$1.75

Cutex

Polish Remover, Lemon or Oily, 4 ounces
65¢

Im Toothpaste

99¢

Head Taping Paper

69¢

Country Music

\$3.99

Choc. Whip

Donuts Old Fashioned (You Save 66¢ on 5)

5 for 99¢

89¢

each

219¢

each

69¢

each

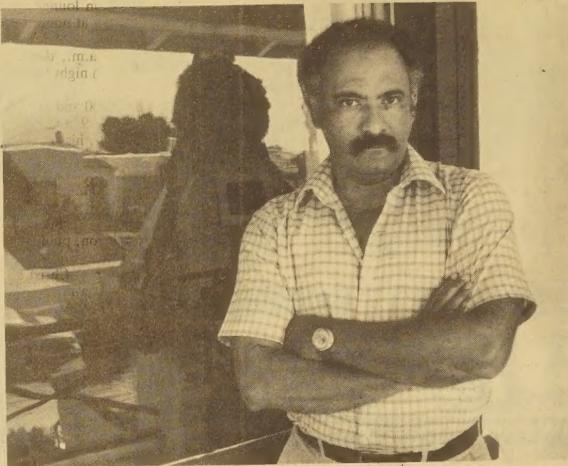
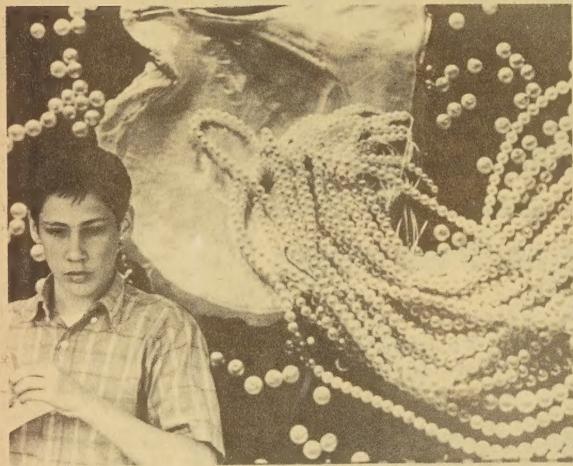
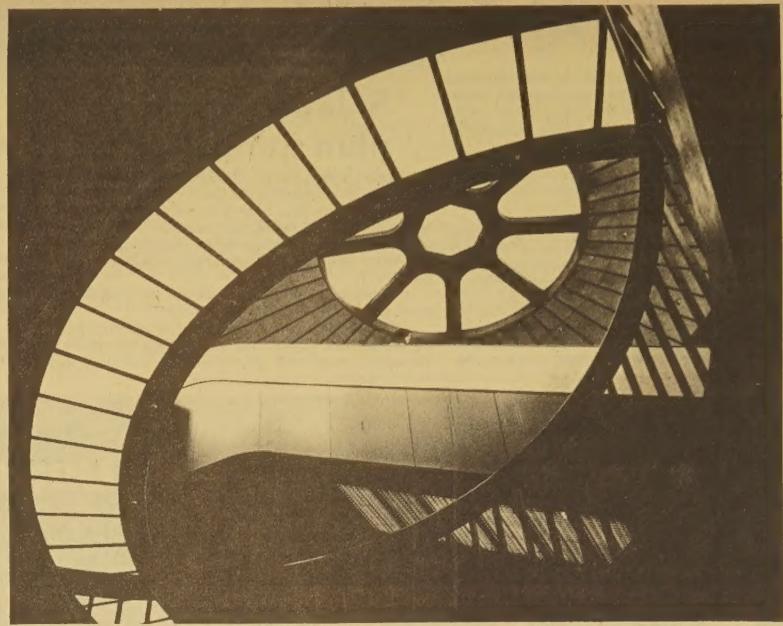
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Urbanscapes

Albany photographer Felix Rivera calls his work "Urbanscapes," and describes them as "a view of the ephemeral." His subjects are represented within their environments: "my images reflect a concern with universal elements of the urban condition and its ever changing patterns and beauty," he says. His work includes the view of the Berkeley BART station, right, and the boy at bottom. Rivera, 43, is shown at bottom right. His work was on display this summer at the the Berkeley Art Coop, and will be shown this fall at San Francisco State University. Another exhibit is planned for the spring at the Iris Too gallery.

—Times Journal photo by Chris Gilbert



Eating Hawaiian in East Bay kitchen

By OLGA BIER

Dining in Hawaii, by Maxine Saltonstall, Peanut Butter Publishing, Mercer Island, Washington, paperback \$7.95.

Based on the premise that not all of us can afford to dine out, Peanut Butter Publishing has prepared a series of Dining In — gourmet cookbooks, featuring recipes from the better restaurants in the great cities of the United States. The chefs and the restaurants are all well-known, the recipes are very special, and some are even never-before-revealed trade secrets.

In this edition, *Dining in Hawaii*, recipes from L'Auberge in Kailua, the Columbia Inn in Honolulu, the Kahala Bay Hotel in Maui, the Mauna Kea Beach Hotel on the Big Island of Hawaii, and the Pearl City Tavern are a few of the restaurants featured. The sections of the book are divided by a brief history of the restaurant and a complete menu, with all recipes following. I guess it would be too much to wish for color illustrations of the food or the locale, but no doubt printing costs would be prohibitive. Anyway, the recipes read in glorious full color for the home chef who wishes to recreate dining out in Hawaii.

From the gracious old Willows in Honolulu, here's

CREAMED AVOCADO SOUP KAMEHĀMĒHA

1 large ripe avocado
1 Maui (or sweet Texas) onion
1 qt. half-and-half
2 T. sherry
2 T. Ajinamoto (MSG — optional)
salt, tabasco to taste
1. Peel and slice avocado.
2. Peel onion and cut into blender. Puree with avocado until smooth.
3. While continuing to puree, add half-and-half slowly.

ly, followed by sherry and spices.
4. Strain and chill. Serve in very cold iced bowls.

FRESH SHRIMP CURRY

36 to 48 medium-sized shrimp
1 T. peanut oil
3 oz. white wine or dry vermouth
salt and pepper to taste
3 T. curry powder
Willows Curry Sauce, heated (see below)

1. Wash, shell and devein shrimp. Slice in half.
2. Marinate 15 to 30 minutes in oil, wine, salt and pepper.
3. Put curry powder in non-stick skillet over medium-low burner and heat slowly.
4. Remove shrimp from marinade with slotted spoon and put in skillet with dry curry powder.
5. Sauté about 5 minutes or until shrimp turn pink, turning several times.
6. Add to hot curry sauce and serve.

HOT CURRY SAUCE WILLOWS

6 T. butter
3 cloves garlic, minced
3 slices fresh ginger root, minced
3 small onions, minced
1 T. salt
1 T. sugar
3 T. curry powder
8-10 T. flour
2 qts. coconut milk

1. Melt butter in heavy saucepan. Do not brown.
2. Stir in garlic, ginger and onion. Add salt, sugar, curry and flour. Mix thoroughly with a wooden spoon.
3. Dribble in coconut milk a little at a time, stirring to a

smooth thickness. Simmer 20 minutes.

4. Allow to stand several hours, strain before serving. This curry sauce is also marvelous served with chicken. As one of the 23 cities in the series, this new book comes at a time when many travelers might have enjoyed dining at some of these notable restaurants on their Island vacations, and what a lovely way to recapture the Aloha spirit than to fix the foods from these famous Hawaiian dining rooms.

Advertise in our **TIMES JOURNAL**



Shopping spree

Shoppers will find more than 100 Bay Area artists and craftsmen displaying their wares at the Berkeley Art Co-op's 23rd annual Seconds Sale beginning

Thursday, Aug. 29. The sale at 1652 Shattuck Ave. will run through Sunday, Aug. 22, and feature pottery, jewelry, graphics and textiles. Sale hours are 10:30 a.m. to 5:30 p.m. Thursday through Saturday and noon to 4 p.m. Sunday.

Wardrobe works will focus on color

EL CERRITO — There will be a two hour color workshop sponsored by the El Cerrito Recreation, intended to help people learn how to plan a wardrobe for their individual needs.

Topics covered will be: knowing one's color, based on personal color harmony, how to choose color clothing, what styles look best and how to coordinate a wardrobe.

Instructor Pat Kwan is a color and wardrobe consultant with a degree in textiles. Two workshops will be offered at the El Cerrito Community Center, 10 a.m. to noon and Aug. 26, 6:45-8:45 p.m.

For further information, contact Karen Kwan at 525-6748.

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Senior centers

ALBANY
Greater is at 846 Masonic Ave., 644-8500. Hours: Friday, 9 a.m.-5 p.m.; Saturday, 10 a.m.-4 p.m.; noon-4 p.m.

Special Events
Offer schedule of classes and events, now available up a copy.

Transportation
Offering a free service for Albany residents to counseling, a free service for Albany residents Drop in clinic will be held at the center every day from 7 to 9 p.m. starting Sept. 15. If you like to walk, but don't want to walk alone? Group on Thursday at 10 a.m. Arthritis self-management available by appointment and Tuesday mornings at special senior rates: \$10 per hour for one-half hour.

Nonmember assistance forms are due by Aug. 10. If need, come to the center Aug. 19 or 26 at 10 a.m.

and August birthdays will be honored Thursday, noon, following bingo.

One is invited to help plan trips for 1983. Attend presentation at the center on Wednesday, 10 a.m. Refreshments. For additional information, Myriam Heath, 525-1968.

Transportation
At least one day in advance for reservations for shopping trips. Wednesday mornings: El Cerrito; Friday mornings: Solano Avenue. Requested

donation, 50 cents per round trip. Albany residents only.

New taxi scrip available to Albany residents over age 60. Price from \$4-10, depending on annual income. Apply Tuesdays, Thursdays and Saturdays, 10 a.m. to 2 p.m. Persons in wheelchairs may purchase special transportation vouchers.

Classes/Groups

Monday: writing group, 10 a.m.
Tuesday: folk & square dancing basics, all levels 1 p.m.
Wednesday: Arthritis self-management, 10 a.m.
Thursday: group walking, 10-11 a.m.
Friday: chess group, 10 a.m.; community service, 10 a.m.

Social Security

Field representative at the center the first and third Friday of the month at 3 p.m. to answer questions about Social Security, SSI and Medicare.

Continuing Events

Barber service, Thursday, 9 a.m. to noon. Donation requested.
Bingo, Thursday and Saturday, 10:30 a.m.; Sing-along, Thursday, 11:30 a.m.; Bridge, Friday, 12:15 p.m.
Cards and conversation, Thursday, noon-5 p.m.; Sat-

sunday, noon-4 p.m.; Sunday, noon-4 p.m.
Chess group, Friday at 10 a.m.
Senior prom ballroom dance, Saturdays from 7:30 to 11 p.m. Donation, \$2.00 (includes refreshments).

Meals on Wheels

Home delivered meals are available for Albany residents. The food is prepared at Alta Bates Albany Hospital and is delivered at midday by a volunteer driver. Regular, low-salt and diabetic meals are available.

To order, please call the center at 644-8500 one week in advance. Coordinator Velma Grasso will make all arrangements.

Bus Tours

Trips are sponsored by Albany Park and Recreation Dept. Make reservations with Myriam Heath, Tuesday at 1 p.m. and Thursday at 10 a.m. at center. Sept. 14-25, World's Fair 1982, \$1,265 per person double or twin occupancy, \$1,500 per person single occupancy. Oct. 8, evening at Pollarville, \$22.50. Oct. 18 and 19, San Simeon, \$84.50 per person double or twin occupancy, \$111.50 per person, single occupancy. All trips depart Memorial Park.

Menus

The nutrition site meal is served at 4 p.m. Advance reservations are required. The suggested minimum donation is \$1 plus 50 cents for seniors, \$3.50 for persons under age 60. Monthly menus are available.

EL CERRITO Open House

Located at 6500 Stockton Ave., behind the library; 526-0124. Drop in lounge open weekdays from 9 a.m.-2 p.m. Lunch daily at noon.

Classes

Monday: 9 a.m., dance class; 10 a.m., T'ai Chi; 1 p.m., bridge; fun night (second Monday of every month), 6-9 p.m.

Tuesday: 9:30 and 10:15 a.m., fitness.
Wednesday: 9 a.m., piano musicianship; 9:30, mild exercise; 10 a.m., history of Contra Costa County; 10:30 a.m., needlework; 12:30 p.m., knitting.

Thursday: 9:30 and 10:15 a.m., fitness.
Friday: 9:30 a.m., fitness; 1 p.m., grocery bingo.

Special Events

Aug. 25, noon, public health nurse.

Christ Lutheran

Mondays, 9 a.m.-2 p.m. at 780 Ashbury Ave. at Stockton.

Craft classes (pressed flower stationery, macrame, jewelry, weaving) are taught in the morning. \$50 lunch at noon. Afternoon program of information, speakers, community singing, sit-down exercises and folk dancing.

The program is co-sponsored by the Richmond Unified School Adult Education program.

St. John's Center

For El Cerrito residents 60 or over. Meets in the Catacombs Building, 6510 Gladys St., Tuesdays from 9 a.m.-2 p.m. Phone Tuesday only, 234-2797 or center director N. Gans at 529-1114.

The Center is part of the Richmond Unified School Adult Education program. 9 a.m., crafts; 10:30 a.m., nurse for blood pressure check; 10:30, water exercises and swim. Noon, free lunch. 12:30, lectures. After lunch, the group has community singing, sit-down exercises and folk-dancing until 2 p.m.

On Aug. 31, Ronald Creagh, city manager, will speak on "Perspectives on the City." August birthdays will be honored.

Community Center

Monday, 6-9 p.m. at El Cerrito Community Center, 7007 Moeser Lane. Program: first week, business and bingo; second week, cards and games; third week, potluck; fourth week, cards and games. If there is a fifth week, special programs.

For information call 525-6747.

Senior Citizens Club

Meets Thursday, 5-9 p.m. at St. John's Catacombs Hall, Gladys and Lexington Streets.

First Thursday of the month: business and cards; second, bingo; third, birthday observances; fourth, potluck and cards; fifth, special programs. For information: 526-7082.

Sakura-Kai Center

For Japanese-speaking senior citizens, first and third Saturdays, 1-3 p.m. at 6510 Stockton St. Arts, crafts, exercises, ceramics, "Shigin" (poetry singing) and Social Security available. For information: William Waki, 525-7082.

KENSINGTON

Activity center, Thursday, 9 a.m.-2:30 p.m. at 52 Arlington Ave. Morning meditation. Workshops in crafts, table games and bridge. Special programs after lunch: singing, bridge, clothing alteration class.

First Thursday, potluck lunch. Donate a food item or pay \$1.50. For the rest of the month, lunch of sandwich, cake and coffee is \$.75.

EAST BAY

North Berkeley Center

1901 Hearst St., Berkeley, 644-6107. Open weekdays, 8 a.m. to 4:30 p.m., gift shop opens at 10.

Classes in sewing, arthritis exercise, walking, singing, foreign languages, math, chess, senior theater, dancing and current events.

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Knock 'em dead on ballroom floor

ALBANY — Dance instructors Vance and Pauline Teague will be offering fall ballroom-dance lessons for teen and adult couples on Friday evenings.

The classes will begin Friday, Sept. 17 at St. Alban's Episcopal Church Annex, 1501 Washington Ave., from 8 to 10 p.m.

Each class will provide instruction in steps, styling, leading and following, and will present an opportunity to learn and practice simple ballroom dance routines in waltz, foxtrot, swing, cha-cha, tango, rumba and Country-western rhythms.

Emphasis will be on the basics and the enjoyment of dancing to big band sounds. While the classes will be at the beginning level, some previous ballroom dance experience, or the ability to do a simple foxtrot and waltz is recommended.

For further information on registration fees and class dates please call the Albany Adult School office at 526-6811 or the instructors at 527-6594.

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Asian art auction planned for fall

EL CERRITO — The sixth annual Asian-American Art Auction, a benefit exhibit and sale of works by Asian-American artists from northern California, will be held Sunday, Oct. 3 from 1 to 10 p.m. at the El Cerrito Community Center, 7007 Moeser Lane.

The more than 100 art pieces include Japanese brush paintings, ceramics, sculpture, batik, graphics, and other media.

Some of the artists and their works include sculptures by Ruth Asawa, Harry Koyama and John Toki; oils by Betty Kano; graphics by cartoonist Jack Matsuoka; prints by Michi Itami and Kenjiro Nanao; watercolors by Bob Sugita, Lewis Suzuki and Wendy Yoshimura; fiber art by

Kay Sekimachi; ceramics by Minoru Nojima and Hiroshi Ogawa; and Japanese brush paintings by Hiroshi Sakai.

Viewing time for these pieces will be from 1-7 p.m. Peter Fairbanks from Butterfield and Butterfield Auctioneers will begin the bidding at 7 p.m.

Honorary auctioneers include Judge Ken Kawauchi, superior court judge of Alameda County; Jean Siri, mayor of El Cerrito; Ben Takeshita, boardmember of Sakura Kai; and Ron Wakabayashi, national director of the Japanese-American Citizens League (JACL).

Viewing time for the "silent auction," a separate auction, will be from 1-6 p.m. The silent auction offers gift certificates, gourmet items, dinners, professional services,

ceramics and other articles.

The art auction pieces will be displayed during the month of September at Golden State Sanwa Bank in San Francisco; California First Bank in San Francisco and Oakland; Imperial Saving and Loan Bank in El Cerrito; Mechanics Bank at the Hilltop, Mira Vista and Pinole branches; and the Sumitomo Bank in Albany and Oak-

Birth made easy
new class is planned

A new class in childbirth training day, Sept. 18 at Richmond Hospital.

The eight sessions will be held on Saturday's childbirth instructor. Students should be trimester of pregnancy, and should be person planning to serve as coach at the

The \$30 per couple fee for the classes, and is refundable if delivery takes place. Hospital. Call Nora Stanton, R.N., for information or to make a place reservation: 741-2444.

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Times Journal / section two

Teaching neighbors how to resolve their disputes

When you need to know your rights

By PENELOPE KRAMER
ALBANY — Your neighbor's all-night parties leave you staring at the ceiling until dawn, your landlord has taken to browsing through your diary when he's not home and your new car has been in the shop twice in 300 miles.

You'd like to take legal action, but don't know your rights and given the price of a lawyer, you figure the cure will be worse than the disease.

Now there's an alternative. Starting September 15, Elliott R. Smith will give free legal advice to area residents of all ages on Wednesday nights at the Albany Counseling Clinic in the Albany Senior Center, 846 State Ave.

Smith said the clinic was his way of doing something

in the '60s and the '70s, people were trying to change the world," Smith said. "Now things have settled back and it's a generation" or the "me" generation.

I get so many calls for legal information just from my yellow pages. This is my way of helping them out. Change the world, but if I can let a couple of people what their rights are — fine."

Legal action can't solve every problem, Smith said. Some things in this society you just have to put up with," he said. "But some things you don't."

Smith will meet clients individually, on a first-come, basis, from 7 p.m. until everyone has been seen. He said that if more people come than he can handle, his colleagues to help.

The discussions will be "individual and behind a door," he said, "because it's confidential."

Smith won't go to court with clients, but he will show up to present their cases in small claims court, and alternatives are available to them.

Usually people come with a problem involving a dispute between themselves and somebody else," he said. "It's no lawsuit involved, but people want to know their rights are."

If both sides knew the law there wouldn't be a dispute," he said, "but people don't know their rights."

Sometimes all Smith can do is tell someone they have a right. In one such situation, a man had gone to a car and told him at great length what a "piece of junk" it was. After the dealer finally asked the man to

leave, the enraged non-customer wanted to sue him for false advertising.

"He said they had called themselves 'your friendly local Datsun dealer,'" Smith said, "and he wanted to sue them for not being friendly."

"I told him I didn't want to take the case."

If he can't solve a problem, Smith said, he will direct the questioner to the person or agency who can.

"I try to encourage people to work out problems between themselves without suing each other," he said, "but there comes a time when you've got to sue people or they won't take you seriously."

"If both sides knew the law there wouldn't be a dispute," he said, "but people don't know their rights."

Smith, 34, has pursued an activist career appropriate to a member of the '60s generation. After graduating from the University of Buffalo in 1969, he joined Teacher Corps, and taught in West Virginia.

West Virginia was "not like New York, I'll tell you that," the Long Island native said. The mountain people were "very untrusting of strangers, but after their kids got to like us, they liked us."

After returning to University of Buffalo for his master's degree, he taught progressive education there for six years, moved to New Zealand for two months to join a kibbutz-like community called an "Ohu," and, after that program was cancelled by the government, came to Berkeley and organized tours of the South Pacific.

A year later, Smith decided to leave his travel business to become a lawyer.

"The gas crisis hit, air fares doubled, and (the travel business) wasn't a challenge any more," he said. "Law school seemed challenging."

"I guess I was bored." "I was also tired of getting screwed over by organizations and bureaucracies," he said. "I think that's mainly why I went — to see what my rights were. I was tired of seeing my friends getting screwed over too."

He graduated from Golden Gate Law School ("a very humane place, very unlike 'The Paper Chase'"), went into corporate law for a year, and last year started his own practice in Berkeley.

Smith decided to start the free service when he realized how little people know about the law.

"I get a lot of calls from people who want to know what their rights are," Smith said. "A lot of these are very simple questions, and a lot of them have very simple answers."

"People don't even know if they have a big problem or a little problem — or no problem," he said.

Volunteers can help stop soil erosion

The Soil Conservation Service (SCS) is looking for volunteers to help stop soil erosion and solve other natural resources problems.

The U.S. Department of Agriculture agency needs to help SCS and local resource conservation districts coordinate conservation work done while keeping federal funds down, according to Gene Andreuccetti, SCS state conservationist for California.

Volunteers can perform a wide range of services on a part-time or full-time basis — such as helping on field and layout of conservation practices, working with soil conservation education programs in schools and clubs, and high school students for soil and land judging contests, and building or using outdoor learning areas with other groups.

Volunteers will not be paid, but will receive job experience as well as legal protection and insurance for work-related injuries.

A new volunteer program was authorized by the Soil Conservation and Farmland Protection Act of 1981. Those interested in volunteering should write: Conservation Volunteer, P.O. Box 1000, Washington, D.C. 20001.

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—Times Journal photo
by Chris Gilbert

Elliott Smith: law for the people

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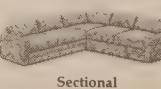
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CIRCUS SCHEDULE

DATE:	TIME:
Aug. 24	8:00 P.M.
Aug. 25	2:30 & 3:00 P.M.
Aug. 26	2:30 & 3:00 P.M.
Aug. 27	2:30 P.M.
Aug. 28	11:00 A.M.
Aug. 29	2:30 & 3:00 P.M.
Aug. 30	2:30 & 3:00 P.M.
Aug. 31	2:30 & 3:00 P.M.

WHERE:

Oakland Coliseum

Churches

ALBANY

First Baptist Church of Albany

Worship service on Sunday begins at 11 a.m. with the Pastor Alan Newlove bringing the message. Sunday school classes begin at 9:30 a.m.

Wednesday evening Bible Study group will meet at 806 San Carlos Ave., Albany.

Thursday at 10 a.m. there will be a prayer meeting in the sanctuary of the church. Saturday morning at 8 a.m., the Men's Fellowship will meet at the Copper Penny in El Cerrito for breakfast.

On Wednesday mornings at 9:30, a pre-school children's play group meets in the nursery of the church.

The church is located at 1319 Solano Ave., Albany. Phone 526-6632.

St. Alban's Episcopal Church

Wednesdays at 11:30 a.m., the Rev. Warren Debenham conducts a service of Holy Communion and the laying on of hands.

On Sunday, Aug. 29, Rev. Debenham will preach and celebrate the Holy Eucharist at the 8 and 10 a.m. masses. His sermon topic will be "The Law in Our Hands." He will be assisted by Nabil Jacob, lay reader, and Robert Knapp, lector. Those wishing to receive the laying on of the hands are directed to go to the back of the church after communion. Acolytes will be Karin Lamb and Jenny Rogers.

The senior choir, under the direction of Rita Dows, will sing the offertory anthem "Waters of Heaven." Usher Jack Storrs. A coffee hour follows the 10 a.m. service, with Robert and Brooke Howie hosting.

Summer church school will start at 10 a.m. in the parish hall. Bruce and Jill Prickett will direct this final session. The theme is "Saints II." Nursery care is provided.

The Refugee Committee asks that people contact the church office secretary, 525-1716, if they have any mat-tresses or bedding to be used by Laotian refugees.

The church is located at 1501 Washington Ave., Albany.

Albany United Methodist Church

Velma Dowling, lay reader, will preach on "God's Great Paradox," from Ephesians 6:10-17, at the 11 a.m. worship service Sunday, Aug. 29. She is a resident of Albany and a retired teacher in the Rodeo schools. Pastor Virginia Hilton is on vacation.

On Wednesday, the quilters meet 9:30-3:00, the

prayer group 12:30-3:00.

The church is located at 980 Stannage Ave., Albany. Phone 525-6442.

Word of Faith Church

Word of Faith Church, located at 1206 Lincoln Ave. in Alameda, has home Bible Study for the Albany-El Cerrito area. Everyone is welcome.

Study group meets Monday nights in Albany. For information call Martha Beckhusen, 526-8512 or Pastor Hal Tomlinson, 523-4754.

EL CERRITO

Bay Area Seventh Day Baptist Church

The church and its pastor, the Rev. Stephan Saunders, invite the public to attend services every Saturday in the chapel of the United Methodist church at 6830 Stockton Ave., El Cerrito. Service begins at 10:30 a.m., with Rev. Saunders speaking this week on "God Is In Control." Sabbath school follows at 11:45.

A potluck lunch is held each week to allow time for fellowship and discussion. All are invited to join the luncheon.

Bible studies are held in several communities weekly. For more information, call 527-2055 or 757-6426.

El Cerrito United Methodist Church

The church is located at 6830 Stockton Ave., El Cerrito. Phone 525-3500.

Grace Lutheran Church

On Sunday, Aug. 29 at 9:30 a.m., the Rev. O.R. Janke, pastor emeritus, will speak on "What Are You After In Life?" based on Acts 14:8-20. Holy Communion is administered the second and fourth Sunday of each month. Sunday school and Bible class follow at 10:30 a.m.

On Friday, Aug. 27, the friendship potluck will be held at 6:30 p.m. in the Parish Hall.

The church is located at Santa Fe and Ward in El Cerrito and is easily accessible; phone 525-9004 mornings, or 525-1078 afternoons.

KENSINGTON

Arlington Community Church

On Sunday, Aug. 29, Dudley Thompson will be the guest speaker at the 10 a.m. service. "Fully Human?" will

be his topic, based on Proverbs 9:1-6 and John 6:51-59. Thompson is a Pacific School of Religion student and has served on the United Church of Christ Board of Directors' Board on World Missions, and on the Directorate of the office for Church in Society.

Dora Burdick and Marguerite Rule will sing a duet. Bruce Smith will give a program on computers for the Sunday school classes, which meet at 10 a.m. Child care is available in the nursery.

A meditation and healing service will be held at 6 p.m. in the chapel. Child care during the service is available on advance request. Call the church office mornings: 526-9146.

Wednesday worship begins at 6:15 p.m. with a potluck supper, followed by a service at 6:45 p.m.

The church is located at 52 Arlington Ave., Kensington. Call 526-9146.

THOUSAND OAKS

Epworth United Methodist Church

At the 10 a.m. service on Sunday, Aug. 22, Pastor David Sloope will officiate. He will be aided by Cathy Morris, a Pacific School of Religion student who supervises Epworth's adult and small group activities. A special children's message will be given, followed by an invitation for ages 3-5 and 6-12 to participate in a craft-story time. Baby care and toddler care for ages 1 1/2 to 3 years is provided.

Immediately following the service is a coffee time. The youth-adult education classes are from 11:20 a.m. to noon. The theme is "Roots and Hopes of Ethnic Persons." This week's class will be on Chicano, and will be led by Ray Telles, a film-maker for TV station KOED.

A special afternoon at the Oakland A's game on Saturday, Sept. 11 is planned. Phone 524-2921 for details.

The adult choir practices Thursdays at the church at 7:30 p.m. Seven different children's play groups meet weekdays at the church with a range of groups for ages 12 mos. to 3 1/2 years old. Interested persons should call 527-4013 for information on playgroups, and 524-2921 for other activities.

The young adults of the church meet on alternate Monday evenings for social events, discussion and service. A summer fun retreat is also scheduled. For information call Dave Bunje at 546-6929.

The church is located in the Thousand Oaks neighborhood of north Berkeley at 1953 Hopkins St. Phone 524-2921.

Northbrae Community Church

On Sunday, Aug. 29 at 11 a.m., the Rev. Lark Schumacher, alto, and a man by Rev. Sugarbaker, bass, facilities on Sundays from 11 to 12:15 a.m. in Hawer Northbrae is host to Dandelion Cooper School, a preschool for children ages 2 1/2 to 4. The fall session begins on Sept. 13. Classes Monday through Friday, with extended day. For information call 527-1697.

The church is located at 941 The A Thousand Oaks district of north Berkeley.

Thousands Oaks Baptist Church

Sunday worship services are at 10 a.m. conducted in both English and Mandarin. On Rev. Eugene Paden, pastor, will speak on Ministers Please Stand Up! based on Rev. Chen's message will be "God's Love and Judgment," based on I Corinthians. Church school classes for all ages begin and are conducted in English for nursery, adult, and Chinese for young adult through.

On Tuesday, Aug. 17, a prayer break at the church from 7:30 to 9 a.m. On Wednesday, a family fellowship potluck supper will be held in English and Mandarin will be held in choir will resume rehearsals at 7:45 p.m. Dora Burdick.

On Friday at 6 p.m., the young shares dish supper followed by study and recreation for the whole family is from 7:30 to 9 p.m. Those interested are invited to come to the evening of fellowship and exercise, volleyball and badminton.

The church is located at the corner of north of Solano Avenue.

EAST BAY

Calvary Presbyterian Church

"Christian Social Responsibility" will be a seven part series to be presented by the Sept. 12 through Oct. 31. This schedule includes:

Sept. 12, Bible study; Sept. 19, sharing. Sept. 26, modern society and lifestyle; Oct. 3, nuclear war discussion; Oct. 31, panel discussion.

Each adult study course is free and open. The courses will follow the 10 a.m. worship services are sponsored by the Church and Society Council focus on peace and unity.

Chinese Rehinish Church

This bilingual (Cantonese and English) church welcomes the public to worship every Sunday a.m., with Sunday school classes for all ages. The pastor is the Rev. Luke Hoy-San.

The following weekly classes are offered: Bible study, Wednesday, 8 p.m.; Chinese Thursday, 8 p.m.; youth fellowship, Friday; Chinese language school, Saturday 9:30 a.m.; family and individual counseling by appointment. Call Dr. Loke at 232-0579 or 232-1072.

The church is located at 4709 MacArthur Richmond. Phone 232-1072.

North Congregational Church

The Christian growth fellowship meets mornings at 9:30 in the Babcock Room.

The gymnasium is open to high school and young people on Saturday evenings at 7:30 p.m. and various sports and games are served during the evening, and directs.

The Lunch Bunch is a group of seniors who meet each Sunday after services for fellowship at one of the local restaurants; any older people come to this Dutch treat lunch.

The church is located at the corner of Walnut in North Berkeley. Phone 846-1200 (evenings).



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TOTAL ASSETS	361,600	328,600	297,600
TOTAL DEPOSITS	\$314,200	\$285,100	\$259,400

All percentages are as of June 30, 1982.

News of the military

Coast Guard Aviation Machinist's Mate 3rd Class **Paul T. Radpour**, son of Mendi G. and the late Elizabeth E. Radpour of El Cerrito, was awarded the Good Conduct Medal.

The Good Conduct Medal signifies faithful and obedient service during a four-year period. Radpour is currently serving at the U.S. Army Infantry School, Fort Benning, Ga.

Pvt. David E. Hughes, son of Saundra B. Hughes of Thousand Oaks, has completed one station unit training (OSUT) at the U.S. Army Infantry School, Fort Benning, Ga.

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—Photo by Luoma Photography

The gavel passes

Ken McDonald (left), new president of the Lions Club of Albany, takes over from outgoing president Harry Schreyvogel. Deputy district governor Steve Buck of the San Pablo Lions Club inducted the following Lions into their new posts: Carl Gregsby, 1st

vice-president; Vern Shippen, 2nd vice-president; Allan Vincent, secretary; Ralph Leon, treasurer; Ed Runnion, tailtwister; Pat Hart, lion tamer; and Jim Sudweeks, Elliot Jones, Bill Willcuts and Dean Cullup for seats on the board of directors. Lion past president Bob Flynn was also recognized as the incoming zone chairman and club bulletin editor.

Police beat**ALBANY**

Police report the following activity for the two weeks ending August 22

August 9

Olga Eriman Garner was arrested and charged with driving under the influence of intoxicants after he was observed driving erratically. Garner has been detained for offense three times before.

August 10

Beverly Hanna Monroe, 18, and Rhonda Ellen Sorenson, 23, of Vallejo, were arrested by University police and charged with theft and receiving stolen property. Monroe was additionally charged with driving while under the influence of intoxicants. Bail for Monroe was set at \$4,000. Sorenson's bail was set at \$3,500. Both were taken into court.

Ralph Jacobs, 26, of Berkeley, was arrested for his part in a domestic argument. Jacobs was allegedly observed by witnesses challenging bystanders and battering his wife. Once he was arrested, however, his wife declined to press charges, and Jacobs was released.

A 17 year-old Richmond male was arrested for suspected robbery and assault with a deadly weapon in the case of Robert A. Sacks. The suspect signed a confession when he was taken to police headquarters.

August 11

Police have a suspect in at least five of the several burglaries which have plagued the Gateview condominium complex. They have requested a warrant for the suspect's arrest.

A business in the 900 block of Kains was robbed of \$74 from an unguarded safe on the premises. There were no signs of forced entry.

A 26 inch 10-speed Azuki bicycle was stolen from a house in the 500 block of Masonic. The bike was white with a black seat. It was valued at \$185.

August 12

Two Albany residents were the near-victims of a pair of unidentified "gypsy-like" women who pretended they needed a doctor. In both cases, the respondents, residents of the 900 block of Stannage and the 700 block of Talbot respectively, were talked into allowing an unidentified woman into their house in order to call a doctor. Once inside, the unidentified Asian woman in her mid-20's attempted to distract the potential victim, while her partner, an unidentified Asian woman in her mid-40's, attempted to crawl through the house. In neither incident was property reported missing.

A red 27 inch Motobecane 10-speed was stolen when a lock was cut and it was taken from a bike rack. The bike was valued at \$250.

August 13

A car parked in the 600 block of San Pablo was burglarized of a pair of Sanyo auto speakers, a tape case and some tapes, valued at \$355.

August 14

A rash of BB-gun vandalism erupted, as residents of the 1000 blocks of Cornell and Stannage and elsewhere in the city reported that their windows were shot out.

Two cars parked in a lot on the 600 block of San Pablo were broken into and relieved of their car stereos. The stereos were both of unknown make and value.

August 15

Three young boys, ages 14, 12 and 11, from Woodland Hills, Albany and Oakland respectively, were arrested after they were found prying off the rear screen of an apartment window at the Gateview Condominium complex. They were released into the custody of their parents.

Several young boys narrowly escaped capture after they were observed kicking in the slats of a picket fence in someone's yard. The unidentified white juveniles, roughly age nine, ran when they saw a police officer.

Hoy Wong, of El Cerrito, reports he was the victim of a burglary at 1032 Masonic. There are no suspects.

A bike worth \$25 was stolen from a yard in the 500 block of Madison.

August 18

A group of unidentified juveniles overturned a porta-

ble toilet at the corner of Brighton and Key Route. It is not known if the facility was damaged.

August 19

William Lynn Ragle, 24, of Albany, was arrested on suspicion of burglary and petty theft, as well as in connection with some outstanding warrants.

A 17 year-old juvenile male from Richmond was arrested for driving while under the influence of intoxicants and resisting an officer while in the discharge of his duty. He was released to the custody of his father.

A blue 20-inch Schwinn 1-speed left unattended in the front yard of a home in the 500 block of Madison was stolen. It was worth \$120.

August 21

A man who was walking down the 1000 block of Clay screaming that he was going to kill someone was arrested and taken to Highlands Hospital for observation. David Allen Meyers, 31, of Albany, had been drinking.

A 1978 Buick Regal parked in the parking lot at Gateview was burglarized of its \$800 sun roof.

August 22

A 1976 Toyota that was parked along the 1100 block of Washington had its paint job ruined when an unknown person ripped a hole in its side with a shotgun blast.

Billy Vernon Boston, 46, of Oakland, was arrested and charged with driving under the influence of intoxicants.

EL CERRITO

The Police department reports the following activity for the two weeks ending August 22

August 10

Nancy Barry Harris was arrested and charged with petty theft. She was issued a citation.

August 12

Mary Frances Handy was arrested and charged with forgery. Bail was set at \$3,000.

August 14

Paul Richard Pescu was arrested and charged with driving while under the influence of intoxicants.

August 16

Ambrose Daniel Northcutt was arrested and charged with battery. Bail was set at \$315.

Marcus Hugo Strange was arrested and charged with receiving stolen property. Bail was set at \$3,000.

August 18

Elizabeth Jean Rhoda was arrested and charged with shoplifting. She was released on her own recognizance.

August 19

John Richard Murphy was arrested and charged with (Continued on Page 21)

Neighbors

By LINDA ROSDAHL

Returning recently from a year's stay in Japan was El Cerrito resident **Martha Matsuoka**. Martha, a student at Occidental College, was among 100 other students from all over California who traveled to Japan to live for a year. While there, Martha stayed with a host family and was a student at Waseda University in Tokyo, where she continued her studies in the university's International Division.

During her stay, Martha also found time to travel and visit relatives. Home now, Martha is preparing to begin her senior year at Occidental next month where she is a political science major.

El Cerrito resident **Julie Johnson** returned recently from vacationing in Tahoe. Also spending their vacation there were Julie's parents, **Richard and Helen Johnson**; and sisters and brothers-in-law, **Sheri and Milt Armstrong** and **Glenda and Tim Rau**. While in Tahoe the Johnsons did some rafting on the Truckee River, visited the Ponderosa Ranch, and enjoyed the private beach adjacent to their cabin. Joining the Johnson family at Tahoe were friends Steven and Chrissy Maki and John Feister.

Several young boys narrowly escaped capture after they were observed kicking in the slats of a picket fence in someone's yard. The unidentified white juveniles, roughly age nine, ran when they saw a police officer.

Hoy Wong, of El Cerrito, reports he was the victim of a burglary at 1032 Masonic. There are no suspects.

A bike worth \$25 was stolen from a yard in the 500 block of Madison.

August 18

A group of unidentified juveniles overturned a porta-

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per lb. **1.85**

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per lb. **2.19**

FRESH LEAN BOSTON BUTT

(Whole) per lb. **1.59**

FRESH FROZEN PIGS FEET & NECK BONES

(Avg. pkg. 5 lbs.) per lb. **.69**

Whole Leg of Lamb

per lb. **1.99**

Boned & Tied

per lb. **3.25**

Whole SIRLOIN TIP

per lb. **2.19**

Flank Steak

(3 steaks per pkg.)

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FROZEN HAMBURGER PATTIES

(10 lb. box) per box **14.90**

FROZEN VEAL SCALLOPINI

(3-4 lb. avg.) per lb. **4.49**

BONELESS RIB EYE

(with lip) per lb. **3.99**

BONELESS CHUCK ROAST

(12-15 lb. avg.) per lb. **1.99**

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SHORT RIBS OF BEEF Bone-in (10 lb. avg.) per lb. **1.55**

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Obituaries

Stephen J. Dong

EL CERRITO — Services for Stephen J. Dong, an El Cerrito resident for the past 24 years, were held this week at Sunset View Mortuary Chapel.

A native of San Mateo, Mr. Dong died Aug. 17 in a Berkeley hospital after a long illness. He was 62.

He is survived by his parents, James and Mary Dong of El Cerrito, and a sister, Patricia Ng of Lafayette.

Services were officiated

by Brother Tom Sporman. Burial was at Sunset View Cemetery.

Charlotte Harden

ALBANY — Memorial services for Charlotte R. Harden, who died Aug. 12 in Hayward, were held last week at Ellis-Olson Mortuary.

Mrs. Harden was a native of Oakland who lived in Albany 15 years. She was Past Matron of Golden Star

Chapter 66, OES, of Jackson and a member of the Machinists Lodge 824 of Richmond.

Survivors include two sons, Walter Scott, of West Point, and Pat Hooper, of Hayward; a daughter, Nancy Scott, of Sunnyvale; a sister, Helen Cassnelle, of Albany; a brother, Pete Andersen, of Paradise; seven grandchildren; and three great-grandchildren.

Dr. Fred Stripp officiated at services. Committal was private.

The family asks that con-

tributions in her memory be made to the American Cancer Society.

Myrtle McLean

ALBANY — Friends have learned of the death of former City Clerk Myrtle McLean, who was employed by the City of Albany for 41 years before her retirement in 1968. She died July 29 in Walnut Creek and no funeral services were held.

Survivors include her daughter, Jane McLean Mathis of Walnut Creek,

and two grandchildren, Susan Ferster of Antioch and Terry Mathis of Martinez. She was the widow of the late John N. McLean.

She prepared the budget every year until Albany hired the late James B. Turner as administrative assistant in 1961. She conducted all elections, including two recall elections, three referendum elections and one initiative election.

Mrs. McLean was a charter member of Soroptimists International of Albany, American Legion auxiliary No. 292, VFW auxiliary, Native Daughters of the Golden West, Albany Municipal Employees' Association and Alberto Chapter of Business and Professional Women, City Clerks' Association and Governmental Accountants' Association.

During her years in office, she saw new city buildings completed in 1966, the population increase from 8,000 to 18,000, the number of city employees double and the construction of University Village, Golden Gate Fields and Western Re-

gional Research Laboratory. She noted the appearance of new farming operations placed by new residents. Her Curtis Street home to make way for a few stores on the site.

More than attended Mrs. McLean's retirement party in 1968. She was Albany's first citizen of the year. Council was Day on Aug. 14 received recognition. Alameda County Supervisors Council and Employees presented a gift because in 1923 to 1934 received the chief credit.

Mildred Mesta

ALBANY — Mildred Mesta, wife of Al Mesta, who died Aug. 13, was buried at Ellis-Olson Mortuary. Mrs. Mesta was of Pine River, a longtime Albany resident. She founded the Firemen's Aid Fund, was a member of themond Lodge No. 10 of the Moose, the Bowing League, Pablo Sportsmen and a former member of the Berkeley Auxiliary.

Survivors include husband, Al Mesta, of Albany; sons, James D. and Walnut Creek; three granddaughters.

The Rev. George officiated at services, which was at Sunset Cemetery.

The family's contributions to charity may be made to a charity.

Art cle

set in

The schedule classes at the Art Center, including intermediate, advanced classes in jewelry, lapidary, drawing, sculpture, textiles.

Children's classes in ceramics, rv, musical instrument making, painting, drawing, and textile making will be offered a Saturday class.

To receive a schedule, call the center at 231-2165. Classes will begin Sept. 13.

Tuition starts the ten weeks. The Art Center at the Rachman Plaza, 20th Avenue.

Co-ops

flea mar

Bargain hunting their pick on Monday, Sept. 5. Co-op centers markets from 9 a.m. to 1 p.m.

The Shady Co-op, 1700 Ave. B, Berkeley, Telegraph and the Geary (1510 Geary Creek) will be the flea market.

There is no admission and invited.

Slithe

EL CERRITO stroke a small chance.

Ira Bleau, naturalist at the Cerrito Center, Wednesday evenings, 7 p.m. His habits and local waters.

For further information, call 365-2210 into Branc Costa Center, item is \$10. Stockton, Calif. Hours: Tuesday, 7 p.m.; Wednesday, 7 p.m.; Thursday, 7 p.m.; Friday, 7 p.m.; Saturday, 7 p.m.

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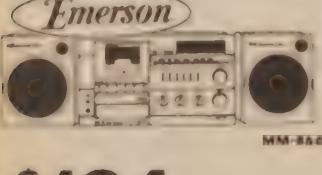
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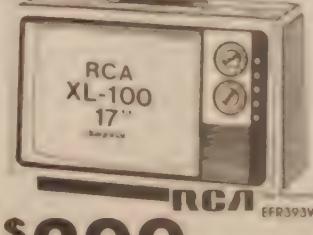
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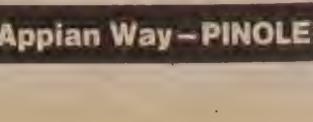
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\$104 Take with Price

Black-and-white Portable TV

Handy to take along anywhere. Dual function antenna. Plastic cabinet.

AC/DC battery ready

AGR121W

\$89 Take with Price

Convenient Black-and-White TV

Solid-state tuning, one-set VHF fine tuning and attractive cabinet. Save.

AC/DC battery ready

1500 Fitzgerald Dr. & Appian Way—PINOLE

13220 San Pablo Ave.—SAN PABLO

Jacoby on bridge

NORTH 8-34-82

♦ Q

J♦ K8833

♦ A9

♦ A4Q4

WEST 10873 ♦ 6

K♦ K4

A♦ 1072

♦ 102 ♦

K♦ Q765

♦ 8732 ♦ 1096

SOUTH ♦ AKJ8842

♦ 843

♦ KJ5

Vulnerable: East-West

Dealer: North

West North East South

Pass 2♦ Pass 4♦

Pass 5♦ Pass 6♦

Pass Pass

Opening lead: ♦ 10

By Oswald Jacoby

and Alan Sonntag

Jaime Ortiz Patino of Switzerland is not only president of the World Bridge Federation, but a player of note. However, he tends to overbid when he has special confidence in his partner. This time his partner was

(NEWSPAPER ENTERPRISE ASSN)

RICHMOND 860

3 bdrm, 2 bath. Selling below appraisal

223-3233, messag./223-5628

3 bdrm, 1 bath, 400 sq. ft.

in-law cottage. Park-like backyard. \$85,000.

Terms. Owner. G-205, 229-209.

ALBANY 525

RICHMOND 660

Seller In Trouble

EARLY RICHMOND

3 bdrm, 2 bath. Selling below appraisal

223-7083. Price right. Try F.H.A.

Midtown Realty Co.

233-8280

SUPER OPPORTUNITY: Cute

starter house for contractor, investor or handyman.

Near Barret & 21st.

Large existing loan. \$3400

termite cedit. HURRY!

Simmons & Company

235-1176

FAST SALE!

#549 OPEN SUN 1-4/

\$549 OPEN SUN 1-4/

Bernice Bede Osol
Wednesday is Wednesday, Aug. 25.
In the coming year you are likely to be a bit more
enterprising regarding ways to better
what you will have good chances
to do.

VIRGO (Aug. 23-Sept. 22)
You're working on is going smoothly
you have the opportunity to finish it, by all
Leave no loose ends.

LIBRA (Sept. 23-Oct. 23)
You have time today with imagination
persons. You have the ability to take their
ideas and turn them into something even

SCORPIO (Oct. 24-Nov. 22)
Financial and material prospects look very
bright. You could profit in some manner
information from a trusted friend.

SAGITTARIUS (Nov. 23-Dec. 21)
What could reflect upon your career or
will not be delegated today. Take a per-
advancing your destiny.

CAPRICORN (Dec. 22-Jan. 19)
Ability to size up situations accurately
you. You'll have both your logic and
good. You'll have both your logic and
use each.

AQUARIUS (Jan. 20-Feb. 19)
An extra effort today to try to establish
relations with persons with whom you may
be conducting business. It'll be worth it.

PISCES (Feb. 20-March 20)
You're especially concerned about any competi-
tive in which you may find yourself
when it comes down to push and
use odds favor.

ARIES (March 21-April 19)
Something unexpected could develop today of
you financially if handled properly. Be
alert in your business dealings.

Taurus (April 20-May 20)
It may be called upon to make some quick
decisions. Have faith in your judgment. Your
responses should be on target.

GEMINI (May 21-June 20)
If you have to take the short end of the
deal, it will prove to your ultimate advantage
companions or associates. You get by

CANCER (June 21-July 22)
What you get today which you think
in advancing your career should be
done promptly. Delays could dilute their

LEO (July 23-Aug. 22)
Your schedule flexible today. If
more enjoyable than what you have
comes up, you'll be able to take advantage

**VIOLIN AND
PIANO 905**

**TOP PRICES PAID
PAID FOR OR NOT!**

See Bob Myers
521-23rd, Richmond

CARS WANTED 915

**TOP PRICES PAID
PAID FOR OR NOT!**

See Bob Myers
521-23rd, Richmond

VANS 920

**DODGE '75 Maxi van
300, p.s., p.b.,
318 cu. in., 4 speed,
223-8775**

**TRUCKS AND 4
WHEEL DRIVE 925**

**CHEV. '70 pickup 3/4 ton
gas tanks, camper
w/boat rack, auto, \$2500
best offer. 223-5880 aff 5.**

**CHEV. '73 1/2 ton, 8 ft
bed, camper shell
w/boat rack, many
extras. 223-7019**

**DATSUN '78 pickup, shell,
low mi., under warranty.
223-3520**

**DODGE '72 1/2 ton Pick-
up. Excel shape, origi-
nal owner. \$2150
232-1259**

**FORD '64 pickup
8 cyl. Lumber rack.
\$700. White.
236-3521-btw 4pm-8pm**

**JEPS-Government Sup-
plies. Listed for
\$3,190.00. For
\$44,000. For info call (312)
931-1961 ext. 2214**

IMPORTED CARS 935

**DATSUN can get new or
used Datsun at best
prices. Must ask for
Barry Martin. 234-1400.**

HONDA 935

**HONDA '78 Civic
4 door, cond. Reg.,
gas, am/fm tape, 6 good
radios. \$3495. 549-3051**

**HONDA '74 Civic.
\$1800.**

**Call Simone, 777-4848;
after 5, 849-2744.**

**MAZDA '73 RX 3 station-
wagon, manual. Exccln
cond., stereo, am/fm
cassette. \$1275. 524-8114.**

**MERCEDES '71 280SE
40,000 miles. 1 owner.
Beautiful car! \$5950.
759-4110.**

**TOYOTA Corolla Wagon
'72, needs body and eng.
work. \$2000 best offer.
Good for parts. 237-1279**

**TOYOTA '70 Corona 3-sta-
tion wagon, manual. Exccln
cond., stereo, am/fm
cassette. \$1150. Best offer.
841-4115.**

**TOYOTA Corolla '74. 4
spd., 81,000 mi., exc.
cond., 40 mph. \$2000 best
offer. 233-5517**

**TOYOTA Corona '75. 4 d.
wgn, stick, air, top car-
rier. \$1700. 233-3583 or
234-1819**

**TOYOTA '70 Corona De-
luxe; 4 doors. Runs well.
Clean. \$1395 best offer.
236-1201 or 848-6687.**

**TOYOTA Celica '76. GT 5
spd., am/fm cassette, air,
extra clean. \$3200.
222-3403**

DOMESTIC CARS 950

**HONDA Accord '77, ex-
celnt cond., 81,000 miles.
\$3900. 524-7748 eves.**

Area Action Want Ads Call 237-1111

PUBLIC NOTICE

PUBLIC NOTICE

LEGAL NOTICE J-95700
**NOTICE OF DEATH OF
INDA M. NEHLS
AND OF PETITION
TO ADMINISTER ESTATE**
CASE NUMBER: 220061-1
ESTATE OF
INDA M. NEHLS,
aka INDA MAY NEHLS.

Decedent:
To all heirs, beneficiaries, creditors
and contingent creditors of
INDA M. NEHLS, aka INDA MAY
NEHLS.

A petition has been filed by ROBERT L. NEHLS in the Superior Court of Alameda County requesting that ROBERT L. NEHLS be appointed as personal representative
to administer the estate of the decedent.

The petition requests authority to
administer the estate under the independent
administration of estates act.

A hearing on the petition will be held on September 3, 1982, at 9:30 am in Dept. 19, 12th Floor, 1 Oak Street, Oakland, California 94601.

IF YOU OBJECT to the granting of
the petition, you should either appear at the hearing and state
your objections or file written ob-
jections with the court before the
hearing. Your appearance may be
in person or by your attorney.

IF YOU ARE A CREDITOR of the de-
ceased, you must file your claim
with the court or present it to the
personal representative appointed
by the court within four months
from the date of first issuance
of letters as provided in section 700
of the California Probate Code.

The time for filing claims will not
expire prior to four months from the
date of the hearing notice above.

YOU MAY EXAMINE the file
kept by the court. If you are a per-
son interested in the estate, you
may file a request with the court to
receive special notice of the filing
of the inventory of estate assets
and of the petitions, accounts and
reports described in section 1200.5
of the California Probate code.

Attorney for petitioner:
WILLIAM F. JOHNS
1301 Solano Avenue
Albany, CA 94705
J-3509—Aug 22, 25; Sept 1,
1982.

LEGAL NOTICE A-94258
NOTICE OF TRUSTEE'S SALE
No. 7750-1635 MA/MAH

YOU ARE IN DEFAULT UNDER
A DEED OF TRUST, DATED
APRIL 23, 1981, UNLESS YOU
TAKE ACTION TO PROTECT
YOUR PROPERTY, IT MAY BE
 SOLD AT A PUBLIC SALE. IF
YOU NEED AN EXPLANATION
OF THE NATURE OF THE PRO-
CEEDING AGAINST YOU, YOU
SHOULD CONTACT A LAWYER.

On Wednesday, September 22,
1982, at 2:30 P.M. as duly ap-
pointed. Testimony will be heard
prior to the sale. The trustee's
agent to Deed of Trust recorded May
13, 1981, as instrument no. 81
57976 in book 10322, page 423, or
Official Records, executed by
WILLIAM MA, TOY YUN WOO
MAH AND SALLY MA as Trustor(s),
in the office of the County
Recorder of CONTRA COSTA
County, State of California, WILL
SELL AT PUBLIC AUCTION TO
HIGHEST BIDDER FOR CASH
(payable at time of sale in lawful
money of the United States) at the
main entrance to the City Hall, 27th
Street and Barrett Ave., Richmond,
California, all right, title and interest

This business is conducted by a
general partnership.

Signed:
ANN PIPER PRING
This instrument was filed with the
County Clerk of Alameda County
on July 27, 1982.

CERTIFICATION
I hereby certify that the foregoing
is a correct copy of the original on
file in my office.

RENE C. DAVIDSON

SON, County Clerk
Alameda County
By: GENEVIEVE GLANZ
Deputy

3501-A August 4, 11, 18, 25,
1982.

DOMESTIC CARS 950

IMPORTED CARS 935

DOMESTIC CARS 950

**HONDA '78 CVCC
4 door, cond. Reg.,
gas, am/fm tape, 6 good
radios. \$3495. 549-3051**

**HONDA '74 Civic.
\$1800.**

**Call Simone, 777-4848;
after 5, 849-2744.**

**MAZDA '73 RX 3 station-
wagon, manual. Exccln
cond., stereo, am/fm
cassette. \$1275. 524-8114.**

**MERCEDES '71 280SE
40,000 miles. 1 owner.
Beautiful car! \$5950.
759-4110.**

**TOYOTA Corolla Wagon
'72, needs body and eng.
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Good for parts. 237-1279**

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841-4115.**

**TOYOTA Corolla '74. 4
spd., 81,000 mi., exc.
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**TOYOTA Corona '75. 4 d.
wgn, stick, air, top car-
rier. \$1700. 233-3583 or
234-1819**

**TOYOTA '70 Corona De-
luxe; 4 doors. Runs well.
Clean. \$1395 best offer.
236-1201 or 848-6687.**

**TOYOTA Celica '76. GT 5
spd., am/fm cassette, air,
extra clean. \$3200.
222-3403**

**TOYOTA '71 Corolla
Mark II. Best offer.
\$49-3859 after 6 p.m.**

**VOYAGE 24-DL '78
am/fm cassette, Radio
tires. Asking \$4949 or
best offer. 799-6556**

**VW '68 Bug. 1800.
Must sell. Rebuilt eng.,
Good cond. Kelley
635-2078 eves.**

**VW '69 Beetle. 70,000 mi.
Excel condition. Orig.
engine, extras. Must sell.
\$1600. 832-5105.**

**VW '62 Bug.
Runs good.
\$875. Offer.
724-4387.**

DOMESTIC CARS 950

**CAD '69 Sebring Deville
Good cond. Low miles.
\$1000. 237-1039**

**CAD '71 Eldorado con-
vertible. Also '71 Riviera.
Both need body & trans work.
Best offers. 843-6444.**

**CHEV '77 Camaro Z-28
T-top. 34,000 miles.
\$5000 or best offer.
799-5258**

**CHEV '70 custom coupe
Impala, good cond. tires.
new battery. \$24-8934**

**CHEV '44 SS
Runs good.
No major dents.
\$1000. 236-9346**

**CHEV '65 Impala SS;
327 engine, needs work.
Call 479-0224, eves.**

City attorney to consider revoking lawyer's permit

By STEPHEN BUEL

ALBANY — The city council has asked the city attorney to investigate the possibility of revoking the use permit of an Albany attorney who received permission to use one of his rental apartment units as a law office

Several months ago, over stiff neighborhood opposition, the council granted Oakland attorney Herbert F. Layton a conditional permit to convert one of his eight apartments at 1247 Brighton into a law office.

But Public Works Director Robert Guletz alleges that Layton has not complied with any of the conditions mandated by the council. Guletz asked the council to have the attorney look into the changing Layton's permit.

The appearance of the eight-unit apartment in north Albany.

Layton had been required by the council to start work on the gutted apartment by July 1 of this year.

Guletz also alleges that Layton has not even signed the use permit or completed the standard agreement which holds the city harmless for damages that might be caused by the conversion.

A building inspector who went to the apartment complex on May 18, to check Layton's compliance under the permit, said he was refused entrance to the unit. He

did say however, that the unit did not appear to be in use as an office, as some neighbors had charged.

When the inspector returned to the site again in August, Layton allegedly claimed that he was still not using the unit as an apartment, which he said was a great inconvenience to him and his customers.

At that time, Layton told the inspector that he intended to sue the city for his rights as a landlord. Layton allegedly claimed that it was unreasonable for the council to impose so many conditions upon his occupancy of the unit, because that block of Albany is zoned for office uses.

Several months ago, the council moved to modify that zoning designation, to forbid future apartment-to-office conversions.

The city attorney is expected to come back to the council next week with a ruling whether Layton's permit is valid and void because of his failure to comply with the law. He was also instructed to find out what the council can do to make sure that Layton does not use the apartment as an office in the future.

Actors Ensemble does Stoppard comedy

Actors Ensemble of Berkeley will present "Rosenkrantz & Guildenstern Are Dead," Tom Stoppard's witty, erudite comedy, at Live Oak Theatre, Shattuck and Berneyman, Berkeley, at 8 p.m. Thursday, Friday and Saturday evenings through Aug. 28. Director is Wendy Adler.

Program notes say, "Playwright Stoppard has elevated Rosencrantz and Guildenstern, two classic Shakespearean non-entities, perhaps the most expendable people of all time, to the center of his dramatic action. In the process, he as crafted a far-fetched work full of punning and leaps from depth to dizziness. It has been described as 'The most brilliant dramatic debut of the sixties.'"

The Actors Ensemble cast includes: Alan Cameron, John Hector, Ron de la Houssaye, Peggy Linz, Ted McClellan, Jeff Meyer, Robert Morrissey, Sally Newster, Lia Ramirez, Tom Reilly, Michele Simon, Clifford Schwartz, Jack Tucker, and Monte Van Vleet.

For reservations, call 526-5760. Admission is \$3.50 Thursdays, \$4.50 Fridays and Saturdays.

Police beat

(Continued from Page 15)

driving under the influence of intoxicants.

August 20

Nellie Laverne Spikes was arrested and charged with petty theft. She was released on her own recognizance.

Yvonne L. McCarthy was arrested and charged with petty theft.

August 21

Nadine Hildebrand King was arrested and charged with petty theft. She was issued a citation and released.

Rovett Wayne Jennings was arrested and charged with grand theft. Bail was set at \$3,000.

August 22

Maurice Joseph Lafave was arrested and charged with driving under the influence of intoxicants. Bail was set at \$630.

August 23

Nadine Hildebrand King was arrested and charged with petty theft. She was issued a citation and released.

Rovett Wayne Jennings was arrested and charged with grand theft. Bail was set at \$3,000.

August 24

Maurice Joseph Lafave was arrested and charged with driving under the influence of intoxicants. Bail was set at \$630.

August 25

Causey said repairs to Beloit Avenue are scheduled to begin Sept. 13, with the \$125,000 project to be completed by Nov. 1. Funds from the Federal Emergency Management Agency will pay for about 70 percent of the

project, with the county picking up the rest.

Last month, Markert said the homes faced "extremely hazardous fire potential" this season.

Kensington's road repairs slated soon

EL CERRITO — Members of the Clerks and Lumber Handlers Union Local 939 are picketing four local lumber yards in a dispute over a new contract.

Picket lines went up Tuesday at the El Cerrito Lumber Co. and Griffin Lumber Co., at Hill Lumber and Hardware in Albany and at Truitt and White in Berkeley, said union business agent Thomas Kirkland.

Altogether 13 lumber yards have been struck in Contra Costa and Santa Clara counties, he said.

Causey said repairs to Beloit Avenue are scheduled to begin Sept. 13, with the \$125,000 project to be completed by Nov. 1. Funds from the Federal Emergency Management Agency will pay for about 70 percent of the

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Last month, Markert said the homes faced "extremely hazardous fire potential" this season.

Contra Costa Independent

and

Berkeley Gazette

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in both the

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and

Berkeley Gazette

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GET ROLLIN'!

OFFER EXPIRES AUGUST 31, 1982

EBMUD plans wind energy study

Breezes blowing through passes and over ridgetops on East Bay Municipal Utility District land could be a valuable energy source, the EBMUD board learned recently.

A \$10,000 study conducted for EBMUD by Atmospheric Research and Technology, Inc. of Sacramento concluded that nine sites in hills of Alameda and Contra Costa counties may be windy enough to support commercial electricity production. Further study of these areas to determine wind velocity and direction, and the possibility of an interconnection with Pacific Gas and Electric Company, was recommended.

"The study is part of EBMUD's ongoing effort to examine the energy potential of its own resources," according to Orrin Harder, EBMUD's chief engineer.

"Being self-sufficient in energy production could help slow future increases in rates for water customers, since

less money would be needed to pay for energy from outside suppliers," he added. "It also would insure the District's energy needs are met even if future supplies are curtailed."

The next phase of the study recommends placing anemometers to measure wind speed and duration at Rocky Ridge, a portion of EBMUD's Upper San Leandro Reservoir watershed property west of San Ramon. Information collected at the site will help determine its potential for wind energy production.

Presently, purchasing energy from commercial sources is more reliable and economical than producing power from the wind, Harder said, "but with higher gas and oil prices likely in the future, a wind energy project could become a valuable investment."

The wind energy study is part of EBMUD's long-range program to develop alternatives to present energy

sources. The utility district's latest projects include construction of a co-generation facility at its sewage treatment plant near the Bay Bridge toll plaza. The facility will produce electricity to run the plant from quantities of digester gas, by-product of the sewage treatment process. It is scheduled from completion in 1983.

Some \$25 million in additional hydroelectric facilities are being built at EBMUD's Comanche and Pardise Dams on the Mokelumne River in the lower Sierra Nevada foothills. The new power plants are scheduled to be on-line in August 1982.

Under a permit from the Federal Energy Regulatory Commission, EBMUD is studying the possibility of further hydroelectric development on the Mokelumne at a site near Middle Bar Bridge, and has applied for a permit to study another site at Railroad Flat.

Advertise in our Classifieds.

TIMES JOURNAL

KENSINGTON — The Kensington Council will sponsor a tour to Morgan Indian Village on Tuesday, Sept. 14.

The Point Reyes Morgan Horse Ranch "true American" horse is bred and raised in state parks. Also planned is a tour of the Miwok village where a Ranger will discuss tools and way of life of the once-

Lunch is at the Olema Inn, 61 Arlington Ave., at 8:30 a.m. Cost including lunch is \$21; includes Larkspur Landing. Chartered bus leaves Larkspur at 8:30 a.m. c/o 26 Highgate Rd., Kensington, CA 94904. Sept. 6.

PARK and SHOP
Discount Food Markets

POTATOES
U.S. NO. 1
WASHINGTON
RUSSETS
10 LB. CELLO
BAG 99¢

COFFEE
MJB
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2-LB. TIN

KETCHUP
HEINZ
\$1.39
32-OZ. BTL.

DETERGENT
FRESH START
\$7.39
75¢ OFF DEAL
YOU PAY
70-OZ.
\$6.29

PORK & BEANS
VAN CAMP'S
45¢
16-OZ. TIN

Fresh Eggs
RANCH PAK
LARGE GRADE "AA"
DOZEN
79¢

CHOICE MEATS & POULTRY
CALIF. GROWN
FRESH FRYERS
FROM PETALUMA POULTRY
LB. 63¢

CUTUP FRYING CHICKEN	FRESH PETALUMA POULTRY	LB. 73¢
OSCAR MAYER LIVER SAUSAGE	8-OZ. TUBE	E.A. 89¢
LAND-O-FROST THIN SLICED MEATS	ALL 2½-OZ. PKGS.	E.A. 49¢
READY TO EAT TURKEY BREAST	LONG ACRE OVEN ROAST OR SMOKED	LB. 3.29
SLICED BEEF LIVER	YOUNG STEER FROZEN THAWED	LB. 89¢

COCA COLA
6-PAK
16-OZ. BTLS. 99¢
PLUS DEPOSIT

FARM FRESH PRODUCE
CANTALOUPE
VINE-RIPE
JUMBO 18 SIZE
3 FOR 89¢

PEARS BARTLETT FANCY LARGE SIZE LB. 29¢	LETTUCE RED LEAF BUTTER GREEN LEAF, GARDEN FRESH EA. 29¢	BELLPEPPERS MED. SIZE GREEN, THICK MEAT LB. 25¢	ONIONS YELLOW U.S. NO. 1 3 LBS 39¢
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LOW, LOW PRICES IRISH SPRING SOAP 43¢ VALUE 3½-OZ. BAR 4¢ OFF DEAL YOU PAY 3 FOR 99¢	DYNAMO DETERGENT LIQUID, \$1.99 VALUE 32-OZ. 20¢ OFF DEAL YOU PAY \$1.69	AJAX DISHWASHING LIQUID, \$2.15 VALUE 32-OZ. 27¢ OFF DEAL YOU PAY \$1.49	LIQUID WOOLITE \$2.14 VALUE 16-OZ. \$1.83	PAM VEGETABLE SPRAY \$2.49 VALUE 8-OZ. \$2.29
LOW, LOW PRICES SURE DEODORANT SOLID \$3.19 VALUE 2-OZ. \$1.99	VIDAL SASSOON SHAMPOO \$3.79 VALUE 12-OZ. \$2.59	VAN DE KAMP'S CHOCOLATE CHIP SNACKS \$1.99 VALUE \$1.79	WALNUT SWIRLS \$1.89 VALUE \$1.69	LOW, LOW FROZEN SARA LEE CHEESE CAKE FROZEN NEW YORK STYLE \$3.45 VALUE 16-OZ. PKG. \$2.89
BANQUET "COOK IN BAGS" SLICED BEEF GRAVY, CHICKEN ALA KING, SALISBURY, TURKEY, ENCHILADA, VEAL 54¢ VALUE 5-OZ. PKG. \$39¢	ICE CREAM CARNATION \$1.69 5-OZ. JARS	BANQUET "COOK IN BAGS" SLICED BEEF GRAVY, CHICKEN ALA KING, SALISBURY, TURKEY, ENCHILADA, VEAL 54¢ VALUE 5-OZ. PKG. \$39¢	ORANGE JUICE FLAV-R-PAC \$1.13 VALUE 12-OZ. \$89¢	FLAV-R-PAC LEMONADE REG. OR PINK 29¢ VALUE 6-OZ. 4 FOR 99¢

LOW, LOW PRICES MJB INSTANT COFFEE \$3.49 VALUE 10-OZ. JAR \$2.99	GATORADE ORANGE OR LEMON LIME 89¢ VALUE 32-OZ. \$79¢	CRANBERRY JUICE OCEAN SPRAY \$1.39 VALUE 32-OZ. BTL. \$1.29	KRAFT SALAD DRESSING FRENCH, 1000 ISLAND, ITALIAN, CUKE 99¢ VALUE 8-OZ. BTL. \$79¢	ELBOW MACARONI-SPAGHETTI THRIFT PAC \$1.79 VALUE 4-LB. PKG. \$1.59
FREE EASY PARKING	PARK & SHOP DISCOUNT FOOD MARKETS OUR PRICES SAVE YOU TO LIMIT QUANTITIES P.D.P. FOOD STAMP SHOPPERS ARE WELCOME AT PARK & SHOP	PARK & SHOP DISCOUNT FOOD MARKETS OUR PRICES SAVE YOU TO LIMIT QUANTITIES P.D.P. FOOD STAMP SHOPPERS ARE WELCOME AT PARK & SHOP	PARK & SHOP DISCOUNT FOOD MARKETS OUR PRICES SAVE YOU TO LIMIT QUANTITIES P.D.P. FOOD STAMP SHOPPERS ARE WELCOME AT PARK & SHOP	PARK & SHOP DISCOUNT FOOD MARKETS OUR PRICES SAVE YOU TO LIMIT QUANTITIES P.D.P. FOOD STAMP SHOPPERS ARE WELCOME AT PARK & SHOP

Tour to visit
and Indian vil

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Prices Effective Seven Days, Wednesday to Saturday

August 31, 1982. No Sales to Dece

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21-OUNCE CAN

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THOMAS'
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MUFFINS

REGULAR OR SOUR DOUGH TWIN PACK

12 MUFFINS
SALE PRICE **1.49**

SEVEN SEAS
SALAD
DRESSING
ASSORTED FLAVORS
8-OUNCE BOTTLE

YOUR CHOICE
69¢

ARM & HAMMER
BAKING SODA

1-LB. BOX
39¢

SPECIAL

NESTLE
CHOCOLATE
MORSELS

SEMI-SWEET CHOCOLATE OR BUTTERSCOTCH

12-OUNCE BAG
YOUR CHOICE
1.59

DEL MONTE
DILL
PICKLES
FRESH WHOLE OR POLISH
46-OZ. JAR

SALE
1.49

LONGS DRUG STORES

LONGS DRUG STORES

LONGS DRUG STORES

LONGS DRUG

LONGS DRUG STORES

Longs Drugs



**GLYCERINE
BAR SOAP**
3 1/4-OZ. BAR

4 \$1

LONGS SALE PRICE

SALE



**ROLAIDS
ANTACID**
75 TABLETS

1.49

SALE

Longs Drugs

THERADEC M

MULTIPLE
VITAMIN
& MINERALS
130 TABLETS

3.49

STRI-DEX[®]
MEDICATED
PADS

JAR OF 42

1.19LONGS
SALE
PRICE

Longs Drugs

TIMED-RELEASE
VITAMIN
"C"
WITH ROSE HIPS
1500 MG TABLETS

BTL. OF 60

SPECIAL

4.29

Longs Drugs
COTTON SWABS

PKG. OF 180

LONGS
SPECIAL**79¢**

Longs Drugs

PKG. OF 10
PLATINUM CHROME
DOUBLE EDGE BLADES
OR PKG. OF 8 INJECTOR

**69¢**

YOUR CHOICE



Longs Drugs
PIVOTING HEAD
DISPOSABLE RAZORS
PACKAGE OF 6

SALE
PRICE**99¢**

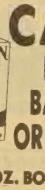
BUFFERIN ANALGESIC 100 TABLETS

LONGS
SALE
PRICE**2.39**

ba
ANTI-PERSPIRANT
2.5-OZ. ROLL-ON
SALE PRICE



Longs HEALTH &
BEAUTY AIDS



15-OZ. BOX

LONGS LOW
SALE PRICE**CALGON**

BUBBLE BATH
BATH OIL BEADS
OR BOUQUET BATH

1.29LONGS
SALE
PRICE

**ENHANCE
SHAMPOO**
OR CONDITIONER
8-OUNCE SIZE

1.29LONGS
SPECIAL

**SOFT SENSE
SKIN
LOTION**
10-OZ.
SIZE

1.39LONGS LOW
SALE PRICE

Vitalis[®] V-7
**HAIR
GROOM**
7-OUNCE LIQUID

1.99LONGS LOW
SALE PRICE**1.3**

LONGS DRUG STORES

LONGS DRUG STORES

LONGS DRUG STORES

LONGS DRUG

40-QT. COLEMAN
POLYLITE
COOLER
\$15.88

Rugs
Saves

VICTOR
BAITED
MOUSE TRAPS
TWO PACK
LONGS LOW
SALE PRICE
69¢

PIC
BUG & FLY
CATCHER
NO. FR111
SALE
PRICE
88¢

RAID
YARD GARD
OUTDOOR FOGGER
16-OZ. CAN
SALE PRICE
3.79

HYPONEX
ALL-ORGANIC FISH
PLANT FOOD STICKS
PACKAGE OF 25
LONGS LOW
SALE PRICE
69¢

NVEE
EXTRA RICH
POTTING
SOIL
1.09

20 % OFF

LONGS EVERYDAY PRICE ON
ENTIRE SELECTION OF

**PICTURE
FRAMES**

Longs PHOTOBANK

Keep the Best... Return the Rest!

ENLARGEMENTS

OF YOUR FAVORITE LONGS
FUJI OR KODACOLOR II
COLOR NEGATIVE OR SLIDE BY
LONGS ECONOMY PROCESSORS

5" x 7" **79¢**

8" x 10" **1.89**

Keep the Best... Return the Rest!

COLOR REPRINTS

OF OUR FAVORITE FUJI,
LONGS OR KODACOLOR II
COLOR NEGATIVE BY
LONGS QUALITY ECONOMY
PROCESSORS

PHOTOBANK
SPECIAL **17¢**

POLAROID 600
HIGH SPEED
COLOR
LAND FILM
SINGLE PACK

SALE PRICE **7.49**

PRETTY BOY
WILD BIRD
FOOD
5-LB. BAG **89¢**
LONGS SALE PRICE

Longs

LIGHT 'N LIVELY
CONTROL TOP

**PANTY
HOSE**
1.39



#404



Magla

MAGLA
IRONING BOARD
COVER &
PAD SET

TEFLON COATED
ITEM NO. 6334

LONGS LOW SALE PRICE

1.99



Rubbermaid®

DUST PAN
ITEM NO. 2003-25

ASSORTED COLORS

LONGS LOW SALE PRICE

1.29

Rubbermaid

CUTLERY TRAY

13 1/4" x 9" x 1 3/4"
ITEM NO. 2921

LONGS
SALE
PRICE

1.29



Rubbermaid 2.79 VALUE

CUTLERY TRAY
13 1/4" x 11 1/4" x 1 1/4"
ITEM NO. 2922

LONGS
SPECIAL

1.69

★ LONGS DRUG STORES ★

Longs Specials**ScotTowels®****PAPER
TOWELS**
ASSORTED COLORSLONGS
SALE
PRICE**59¢****CARIANI**
WINE FLAVORED
SALAMI
2-LB. CHUB
SALE**4.99**

HENRY WEINHARD'S

BEER
TWELVE
12-OZ. BOTTLES
4.39FLEISCHMANN'S
ROYAL**VODKA**
80 PROOF
1.75 LITER
6.99
SALE**TEXACO
HAVOLINE
SUPREME
MOTOR OIL**
10-40

ONE QUART

YOUR
CHOICE**89¢****HANDI-WRAP**
PLASTIC FILMLONGS LOW
SALE PRICE**69¢**

100' ROLL

**1.77****PEPSI**

REG., DIET, PEP-SI-LITE

129

LONGS
SALE
PRICE**DIXIE**
HERITAGE KITCHEN
REFILL CUPS
5-OZ. SIZE PKG. OF 100LONGS
SPECIAL**1.19****POTATO****CHIPS**8-OZ.
BAG

79¢

**LIQUOR SPECIALS**ROSEBROOK
LONDON DRY**GIN**
90 PROOF - 750 ML**3.49****ANDRE**
CHAMPAGNE
PINK, WHITE
OR COLD DUCK
750 ML BOTTLE**1.99**SIESTE
CALIFORNIA
WIN
VIN, ROSE, OR BROWN
3 LITER BOTTLE

2.50

YOUR
CHOICEMAC TAYS
BLENDED
SCOTCH
WHISKY
80 PROOF**3.99**OLD CROW
KENTUCKY STRAIGHT
BOURBON
WHISKEY
80 PROOF
1.75 LITER**8.99**OLD BRAND
KENTUCKY STRAIGHT
BOURBON
WHISKEY
86 PROOF

4.90

★ LONGS DRUG STORES ★

★ LONGS DRUG STORES ★

★ LONGS DRUG STORES ★

★ LONGS DRUG STORES ★